



# The HEART of Regina Health Center



FALL 2015

Regina Health Center provides excellence in health care and supportive services that enrich your life or the life of an elderly loved one. We are recognized as a center that promotes wellness, holistic health care, education and research in an atmosphere that reflects the core values of spirituality and shared community life.

## RESIDENT SPOTLIGHT

### CONGREGATION OF THE BLESSED SACRAMENT:

### *Priests and Brothers Receive the Care They Need after Caring for So Many Themselves*

The Congregation of the Blessed Sacrament is a Catholic religious congregation of priests and brothers who serve in parishes and hospitals, and minister to the needs of the poor and marginalized in society. As aging members of the congregation who had cared for so many began needing additional care themselves, the Sisters of Charity of St. Augustine were there to help.

In the 1980s, the Diocese of Cleveland identified the need to expand long-term health care services for aging religious and diocesan priests in Northeast Ohio. The Sisters of Charity of St. Augustine responded to the call by converting a portion of their motherhouse at Mt. Augustine in Richfield, Ohio, into Regina Health Center (RHC), a state-of-the-art nursing facility dedicated to serving aging religious and others needing supportive services.

Around the same time, the Congregation of the Blessed Sacrament saw the need to begin moving aging priests and brothers to a place where they could receive appropriate and needed health care. The congregation was one of the first 22 religious orders to collaborate with the Sisters of Charity of St. Augustine to ensure that their aging brothers and priests would be cared for well into the future.

Father John Thomas Lane, SSS, pastor of Saint Paschal Baylon in Highland Heights and the local superior of the Congregation of the Blessed Sacrament, said his congregation was blessed to be part of the initial planning stages for the facility all those years ago. "Regina Health Center is a special place of prayer and vocation where our members can be together. The chapel is at the center of the building and is the first thing you see when you arrive through the main entrance. It is amazing," Fr. Lane added.

*continued on page 9*

Throughout their lives, the religious community members have dedicated their services, talents and love to the communities they serve, striving to do God's will.



**TELL US:** How has a vowed religious sister, brother or priest made a positive impact on your life? Call 330.659.5132 or email [moneill@reginahealthcenter.org](mailto:moneill@reginahealthcenter.org)

## CARING FOR OUR SISTERS AND BROTHERS



We are blessed to care for the many sisters, brothers and diocesan priests who have profoundly touched the lives of so many in Northeast Ohio and beyond. Throughout their lives, the religious community members have dedicated their services, talents and love to the communities they serve, striving to do God's will. They provide so much for others, but expect so little in return. As members age, they require specialized health care.

Previously, the young religious would aid in the care for the elderly, but with declining religious youth and a progressively aging population of religious, they have little support in the later years of their life. That's why Regina Health Center (RHC) was established in 1993—to provide compassionate and holistic health care services primarily for members of religious communities and clergy, as well as others needing supportive nursing care.

That is where RHC's generous and loyal supporters come in. If not for donations from hundreds of dedicated individuals, businesses and foundations, RHC would not exist in its present form. There are the pioneers who were here when RHC was established. And, there are those of you who want to ensure that this highly ranked home for the aging will be here far into the future to offer the appropriate health and spiritual care to those who are so deserving of our support.

We thank all of our generous donors, volunteers and friends who each make a difference by enabling us to provide the best care possible. All unrestricted gifts go toward helping bridge the shortage of health care reimbursements received by Medicaid. In 2014 alone, the shortage totaled \$592,000.

Your generosity helps support our critical mission of caring for the many sisters, brothers, diocesan priests and lay residents who call RHC home. They've given so much over the years, which is why we are so pleased to support them on their journey of aging.

A handwritten signature in blue ink that reads "Mark C. Yantek". Below the signature is a stylized, circular graphic element.

Mark C. Yantek, LNHA  
*Executive Director, Regina Health Center*



# Residents Take Home Ribbons at LeadingAge Ohio Creative Competition



Sister Ruth Ann Patrick, CSA, won 3rd place in the computer art category in the LeadingAge Ohio 2015 Statewide Resident Forum Art & Writing Show.

Congratulations to all 49 residents who showcased their creative talents by entering the LeadingAge Ohio 2015 Resident Forum Art & Writing Show in June. Twenty-three entries were winners at the regional level and advanced to the statewide show. From there, eight residents received ribbons for winning entries in the categories of cooperative prose or poetry and computer art. Nearly 1,000 Ohio senior living community residents submitted works to LeadingAge Ohio regional shows. All artwork created by RHC residents was displayed for residents and staff to review and vote on their favorites. LeadingAge Ohio assists not-for-profit providers of senior services in caring for their residents. The Resident Forum Art & Writing Show is a lifestyle enrichment opportunity for senior living communities in Ohio. ♦



Residents from  
Regina Health  
Center's Memory  
Impairment Unit  
won 2nd place in  
the state show for  
cooperative prose  
or poetry for their  
poem "Snow Day."

## Snow Day

*Those were the days my friend, we thought they'd never end—when we had a black veil. It's a snow day for Sr. Margaret or Sr. Catherine and she's extremely happy and deep in snow. She hit somebody already. Somebody hit her. She's going to make a snowball or a snowman. We won't say what she's going to do with the snowball. She'd be a good shot and she's tricky. Look at the sparkle in her eyes. Who started it!*

*She's a Notre Dame or an Ursuline sister. She's exuberant. She's full of life. She's getting out of school and enjoying the snow. She's happy to be out rather than in classes. She has the whole day off. She's sightseeing. Just to see all those buildings would thrill me. Just being there would be special. It's a great place.*

*Did she go to see the Holy Father? She'd say, "Can we play snowballs?" I bet he would. Pope Francis would say, "Where's your shot and what's your hurry? Continue the excitement and beauty of yourself."*



## REGINA HEALTH CENTER

# TRIBUTE GIFTS

### GRATEFUL HEARTS

The Grateful Hearts Tribute Program was established so donors can make a meaningful gift to support Regina Health Center and at the same time, remember or honor a loved one. In 2014, RHC received 275 gifts to honor or memorialize loved ones and friends. Listed below are the names of those who are given tribute followed by the names of the contributors. Regina Health Center thanks the generous donors who make gifts to the Grateful Hearts program. We congratulate those who have been honored, and extend our deepest sympathy to those who are grieving the loss of a loved one. Our prayers are with all who are listed here—living and deceased.

### REGINA HEALTH CENTER HONOR AND MEMORIAL CONTRIBUTORS

In memory of Sister Mary Ann Andrews, CSA  
St. John Medical Center

In honor of Sister Mildred Baker, IHM  
John and Alice Marron

In memory of Kelly Barrett  
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Devy and Mark Simcic  
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Barbara and Michael Ferris  
Melissa and Thomas Kaforey  
Barbara Stevens

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Beatrice Lucek

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Lois Kurkul

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Robert Laboda

In memory of Sister Martha Leyden, OP  
Georgianne and N. Kevin Green  
Mary and Norman Green

In memory of Sister Mary Edna Lodge, CSA  
Elsie and James Miller

In memory of Father Tim Mangan, SSS  
Hannah Mangan

In memory of John S. Marshall  
William Marshall

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Anonymous

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Jo Ann and Wade Maupin

In honor of Jean Metzger  
Anonymous

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Tria O'Maille

In memory of William J. and Rae Ann O'Neill  
Maureen O'Neill-Laszlo and Charles K. Laszlo

In honor of Maureen O'Neill-Laszlo  
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Eileen Shimko  
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Audrey and E. Joseph Stanziano

In memory of Sister Andrew Parchem, CSA  
Lana Gruber and John O'Patka

In memory of Marguerite Pasek  
Eleanor Pasek

In honor of Father Joachim Pastrick, OSB  
Marie and William Mills

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Pasqua Rantucci

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Lillian Nawalanic

In memory of Paul Shumaker  
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In memory of Ann Spirko Olenchuk  
Marita and Edward Spirko

In memory of Frank Stalzer  
Evelyn and Louis Hosta

In memory of Thomas W. Swartz  
Paula and Bruce Swartz

## GRATEFUL HEARTS TRIBUTE SOCIETY

The Grateful Hearts Tribute Society offers an opportunity for family and friends to establish a permanent tribute to honor or memorialize their loved one. Permanent tributes can be established for tribute gifts with accumulated giving of \$5,000 or more. Permanent memorials are included in the intentions at daily Mass at RHC. The book of tribute names is located at the rear of the main chapel. We thank the thoughtful families and friends who remember their loved ones in this way.

### PERMANENT TRIBUTES

Margaret Anne Brosnan  
Mary Barrett Brosnan  
Patrick J. Brosnan  
Elizabeth Carragher  
Donald A. Gedeon  
Mary Ellen and John Greco  
Ruth Marian Raybuck  
Lois Soss

In memory of Jeanne Toomey  
Mary and Adam Gockowski  
Kathleen and Bernard Hudec  
Suzanne and Jeffrey Marshall  
Joan Toomey

In memory of Sister Suzanne Turk, CSJ  
Anonymous

In memory of Linda Urbanski  
Irene and Robert Urbanski

In memory of Ruth Mercedes Werner  
Anonymous  
Linda and Tom Koon  
Donna Miller  
Barbara Palumbo

In memory of John Yanak  
Francina Yanak

In honor of Sister Sharon Anne Yanak, CSA  
Elsie Milano

In honor of Mark and Lynn Yanke  
Susan and Orlin Riegel

In honor of Sister Mary Jacob Yelcho, CSA  
Susan and Jack Graybill  
Kathleen and Peter Reibold

In memory of Sister Rosemary Yonkers  
Marie and William Mills



# Many Ways to Leave a Legacy

## INCREASE YOUR IMPACT FOR REGINA HEALTH CENTER AND OTHER CHARITIES

Over the years, Regina Health Center (RHC) has been blessed by many loyal friends who had a deep sense for the mission of providing compassionate and holistic health care services for members of religious communities, diocesan priests and others needing supportive care. These thoughtful and generous individuals wanted to support the mission beyond their lifetime and did so by including a bequest provision in their estate plans. Bequests have been instrumental in helping build a strong reserve fund, enabling much needed repairs and improvements to the building, and providing enhancements to resident programs. Bequests also help manage the ongoing annual gap that occurs with Medicaid reimbursements not covering the total cost of health care.

If you are considering making a legacy gift to support RHC, listed below are various ways to make a bequest in your will or outside of your will. The information may help you make the right decision about what is most appropriate for your situation. Most of the sample giving plans below are revocable, which means you can change them at any time. By designating a beneficiary of assets outside your will, you will also avoid costly probate and privacy issues.

Your planned gift to RHC can be designated for the general fund that covers immediate concerns or to the endowment that is focused on sustaining RHC into the future by generating additional income for needed expenditures. We always recommend that you consult with a qualified attorney or financial or tax advisor before making decisions about charitable planning to ensure that your goals are achieved.

### WAYS TO MAKE A BEQUEST

- 1. Will Bequest** — the most popular way to leave a planned gift to charity. Assuming you already have a will, you might consider a codicil, which is an amendment to your will. If done correctly and by a qualified attorney, it can be a simple way to change beneficiaries or adjust how charity can benefit from an estate without having to change your entire will.
- 2. Revocable Trust** — a revocable living trust, like a will, governs the distribution of the donor's assets at death.
- 3. Life Insurance** — if you own an existing, paid-up policy for which you no longer have a need, you might consider making RHC the beneficiary of that policy as a way to leave a legacy. You can also make RHC the owner of the policy, which offers the added benefit of being able to take a charitable deduction because the gift is irrevocable.

- 4. Retirement Assets** — a donor can designate all or a portion of their retirement accounts (such as a 401(k), 403(b) or an IRA). Most retirement accounts already require the plan holder to name a beneficiary. It's easy to request a beneficiary designation form from the plan administrator, and direct that RHC receive whatever is left in the account at the donor's death. There are tax benefits for donors whose retirement assets go to charity instead of family. It is wise to choose assets other than retirement assets for family since they will eventually have to pay the deferred income tax on the inheritance.

- 5. Other Assets** — financial accounts such as savings or brokerage accounts are another way to make a gift to charity. Using a beneficiary designation of family members and charity for these assets avoids probate.

*continued on page 8*

## WAYS TO LEAVE A LEGACY *Continued from page 7*

If you make a bequest to benefit Regina Health Center, please notify the RHC Mission Support and Donor Relations Office at 330.659.5132 to make sure that the provision is correctly identified and that your intentions of giving are not misinterpreted by the executor, charity or the court. Additionally, you will be eligible for membership in the Regina Society, which recognizes RHC's legacy donors. We honor all requests for anonymity.

Please call Maureen O'Neill-Laszlo at 330.659.5132 for more information about planned gifts and the Regina Health Center Charitable Gift Annuity Program.

## WIN-WIN CHARITABLE GIFT ANNUITIES

In addition to the various types of bequests that can benefit charity, charitable gift annuities remain a popular tool for many donors who wish to do more while supplementing retirement income for life. Some benefits of a Regina Health Center Charitable Gift Annuity include:

1. Simple set-up through RHC's Mission Support and Donor Relations office
2. Reliable fixed income for life (single and joint annuities available)
3. Large charitable income-tax deduction in the year of your gift
4. Partially tax-free income in most cases
5. Possible capital gains tax savings (refers to gifts made with appreciated assets)
6. Supplemental income for retirement or other needs
7. Membership in RHC's Regina Society
8. Satisfaction of supporting the religious and lay residents who live the mission at RHC

### SAMPLE

#### Charitable Gift Annuity vs. Certificate of Deposit Illustration for Individual Age 70

	Certificate of Deposit	Charitable Gift Annuity*
Amount	\$25,000	\$25,000
Payout Rate	1.0%	5.1%
Annual Payment	\$250.00	\$1,275.00 (partially tax-free)
Income Tax Deduction	\$0	\$10,004.25

\* A charitable gift annuity is an irrevocable gift to charity. The remainder will go to the charity. Sample gift annuity is for illustrative purposes only. All payout and tax information is subject to change based on age and the timing of your gift.

## MOST POPULAR FORMS OF A WILL BEQUEST:

- a) **Outright Bequest** – some donors prefer to designate a fixed sum (or items of property) and others wish to give a percentage of their estate to charity. For donating property, you will want to check with the charity to ensure that the item can be put to good mission use.
- b) **Contingent Bequest** – the charity will be paid only if one or more people who were named first in line are no longer living.
- c) **Residual Bequest** – allows donors to divide their estates among heirs in specific amounts and charity will receive whatever is left.

## TO INCLUDE A BEQUEST FOR REGINA HEALTH CENTER:

Please provide the following information to your attorney or representative:

**Regina Health Center  
5232 Broadview Road  
Richfield, Ohio 44286**

Federal Tax Identification Number: 34-1722394

**"REGINA HEALTH CENTER IS A SPECIAL PLACE OF PRAYER AND VOCATION  
WHERE OUR MEMBERS CAN BE TOGETHER." – Father John Thomas Lane, SSS**

**CONGREGATION OF THE BLESSED SACRAMENT** *Continued from page 1*



Since opening in 1993, RHC has cared for 36 members of the Congregation of the Blessed Sacrament, including four members currently living at RHC. "The members have been grateful and gracious and we are thankful to serve these members who have enriched the lives of others while here," said Janet Cinadr, RHC director of nursing.

Father Michale Noreika, SSS,

current resident and member of the congregation, said he appreciates the care he receives. "I can't think of a better place to be. Through my many years of ministering to the sick and elderly, I visited numerous nursing homes. Few can compare to Regina Health Center," he added.

Fr. Lane said caregivers at RHC have helped the congregation's members transition to their new lifestyle and accept their new limitations, while making it feel like home. Both Chris Detzel, registered nurse for the congregation, and Fr. Lane specifically acknowledged the work of Sister Margaret Taylor, SIW (former admissions director), Shawn Mickle, director of social services, and Cinadr for working behind the scenes to ensure that rooms are available and new members feel welcome during an emotional time.

Fr. Lane exclaimed, "Everyone does an excellent job. It is a second home to us." ♦

*Photo: The Congregation of the Blessed Sacrament has been supporting the Holy-In-One Golf Outing since 1998 and has been the cart sponsor since 2005. Pictured are two Congregation of the Blessed Sacrament priests, Father Norman Pelletier (2nd from left) and Father Roger Bourgeois (far right) with friends.*

The following Congregation of the Blessed Sacrament members have been residents at Regina Health Center. May their souls rest in peace, we pray.

Br. Paul Omer Gaudreau  
Fr. Charles Charest  
Fr. Joseph Bernier  
Fr. John Paul Choquette  
Br. Raymond Lussier  
Fr. John Gartner  
Br. Mark Roulx  
Fr. Thomas Waldie  
Fr. Patrick Fenton  
Br. Fernand Duquette  
Fr. Frederick Roberge  
Fr. Lionel Lavigne  
Fr. Timothy Mangan  
Br. Ignatius Montgomery  
Br. Michael Galligan  
Fr. John Dowling  
Fr. Roger Pageot  
Br. Edmund Hardy  
Fr. Dominic Luong  
Br. Martin Hayes  
Fr. Walter Riendeau  
Fr. Eugene LaVerdiere  
Fr. Donald Jette  
Fr. Raymond Dubois  
Fr. Edmund Slattery  
Br. David Phelan  
Fr. Julian Rousseau  
Fr. Edward Stapleton  
Fr. George Evans  
Br. Francis Thomas Flanagan  
Br. Gerard Hickey  
Fr. Joseph Roy



*Mother-daughter caregivers Barb (left) and Kira Pilar*

## RESIDENT CAREGIVER SPOTLIGHT

### KIRA PILAR FOLLOWS IN MOM'S CARE GIVING FOOTSTEPS

Barb and Kira Pilar are a dynamic mother-daughter duo who put their caregiver skills to work at Regina Health Center (RHC) every day. Barb Pilar, LPN, is a treatment nurse and has worked at RHC since 2004. Daughter Kira followed in her mother's footsteps a year later, becoming a State Tested Nursing Assistant (STNA) while attending high school. Her career has blossomed since. She became an LPN in 2009 and is now working toward her Bachelor of Science in Nursing (BSN) degree at the University of Akron. Kira recently won the LeadingAge Ohio Foundation scholarship for nursing that is helping to further her studies. Kira serves as a charge nurse on evening shift and floats to every unit as needed.

"Barb and Kira are good people who provide excellent care to our residents," said Janet Cinadr, RHC director of nursing. "It is a privilege to see Kira grow from a high school student with an interest in nursing to a colleague in the nursing profession. Both Kira and Barb give the highest quality of care with a kind and gentle manner." ♦

## HOLY-IN-ONE CONTINUES TO TOP THE LEADERBOARD



Pictured (left to right) are Les Dunning, Bob Kane, Most Rev. Roger W. Gries, OSB, Fr. Ned Weist, and John Dunning

The Holy-In-One Golf Outing keeps breaking its own records, raising more than \$208,000 with 236 golfers enjoying 18 holes of golf and lunch at Firestone Country Club in Akron on June 15. Another 30 guests joined the fun after golf for cocktails, dinner, and a silent and live

auction. The Most Reverend Roger W. Gries, OSB, served as honorary chair of the event and helped with live auction bidding by putting the “squeeze” on the would-be winner of one special auction item—the chance to make sausage with the bishop and friends Carl Liccardi and Rocco Esposito in the winner’s home and then enjoy a pasta and sausage dinner for eight.

A special thank you to event sponsor Pat Powers representing Donley’s and new event sponsor David Wilmot of The Prince & Izant Companies for their generous support of the event and RHC’s deserving residents. Thank you also to Bishop Gries and Joseph Maurer, event chair, all the members of the Holy-In-One committee, and all of our generous sponsors, golfers and guests, as well as the 40 volunteers who helped make the day a great event for all to enjoy.

## CONGREGATIONAL LEADER ATTENDS POPE'S SPEECH AT THE WHITE HOUSE

Sister Judith Ann Karam, CSA, congregational leader of the Sisters of Charity of St. Augustine, had the honor of seeing Pope Francis speak at the White House during his visit to the United States in September. She received an invitation to attend because of her role as the board chair of the Catholic Health Association of the United States. She said she liked how both President Obama and Pope Francis talked about the importance of building bridges and finding common ground, which she believes will help the country “move from divisiveness to working together and bringing peace.”

To see the full text of Pope Francis’ speech at the White House or the full text and videos from his other U.S. speeches, visit the United States Conference of Catholic Bishops website at usccb.org.

*Sister Judith Ann Karam, CSA, in front of the White House after hearing Pope Francis and President Obama speak.*



# upcoming events



## WELCOME NEW STAFF MEMBER: LAURA WEICHEL

The RHC Mission Support and Donor Relations department has a new team member. Laura Weichel started in September as the new mission support and donor relations associate.

Most recently, she served as strategic communications and marketing associate for the Neighborhood Housing Services of Greater Cleveland. She has also served as a development assistant for St. Malachi Center in Cleveland and the Shaker Heights Historical Society.

Laura has a bachelor's degree in international studies from Ohio Wesleyan University and a master's degree in non-profit administration from John Carroll University. She was active in Newman Community for Catholic students and took two mission trips while in college. Laura said Regina Health Center is a great fit for her career goals and an excellent match with her passion for serving the men and women who have dedicated their lives to the Catholic faith and greater good of society. She lives in Broadview Heights.

Nancy Ilg, former development associate, was promoted to fund development manager at Light of Hearts Villa in Bedford, Ohio, which is another Sisters of Charity Health System ministry. We wish Nancy well.

**Dec. 6 PEACE TOGETHER CHOIR for residents and families, and RHC Circle Donors**  
(by invitation)

**June 13 SAVE THE DATE for HOLY-IN-ONE 2016 at Firestone Country Club**

To learn about how you can be a part of these exciting Regina Health Center events, please call the RHC Mission Support and Donor Relations department for information at 330.659.5142.

## RESIDENTS AND DONORS ENJOY CAR CRUISE-IN

Regina Health Center's front lawn was transformed into a classic car lot on August 19 for the popular Car Cruise-In and Donor Picnic. Despite a few rumbles of thunder and rain drops, classic cars from all eras turned out. The RHC Mission Support and Donor Relations department hosted a private cookout for donors who enjoyed picnic fare and a place to sit and dodge the raindrops. The Car Cruise-In has been a special annual event for residents who vote on their favorite car while enjoying ice-cream treats.



## DINING SERVICES STAFF MEMBER DASHES TO FIRST PLACE



Dining services staff member Kailey Gentner, who is a student at Revere High School in Richfield, was a member of the girls track team that took first place out of 19 teams at the Loudonville Invitational in Loudonville, Ohio, in the spring. She competed in several events, including two relay races (the 4x200 meter and the 4x400 meter), where her relay team placed second in both events. Congratulations Kailey!

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# WISH list

*Thank you to our Wish List donors who either donated cash or items in response to requests in our last newsletter. We were able to purchase a Q-Chord for resident use during weekly Music Enrichment sessions. Listed below are new items that have been requested from the residents and caregivers for resident use. Thank you for your thoughtfulness and generosity.*

#### **RESIDENT NEEDS**

- 4x6 dry erase board for resident word games – \$125.00
- Circuit Explore Air wireless design and die-cut system-for creating posters, banners, decorating bulletin boards, creating greeting cards and opportunities for creative arts for residents – \$400
- Large digit room clocks for resident rooms – \$40 each
- New or slightly used Christmas trees to light up the hallways at RHC during Advent.

#### **LITURGICAL CELEBRATION FUND**

- 1 Annual Missalette Subscription – \$15.00
- Hosts for one month – \$90.00
- Altar Wine for one week – \$25.00
- Sanctuary Lamps for one month – \$15.00
- Paschal Candle – \$185.00
- Advent Candles – \$80.00
- Organ Maintenance – \$800 per year
- Organist and Song leader for Sunday – \$150
- Flower Fund for Easter, Christmas and Holy days in honor of/in memory of a loved one



REGINA HEALTH CENTER

A Ministry of the Sisters of Charity Health System

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