

The HEART of Regina Health Center



FALL 2014

Regina Health Center provides excellence in health care and supportive services that enrich your life or the life of an elderly loved one. We are recognized as a center that promotes wellness, holistic health care, education and research in an atmosphere that reflects the core values of spirituality and shared community life.

PORT IN THE STORM

VOLUNTEERS MARK AND LYNN YANKE MAKE A LASTING IMPACT

As Lynn Yanke drove through picturesque Peninsula, Ohio, in a treacherous thunderstorm, she heard the toll of church bells from Our Lady of Sorrows Catholic Church calling the faithful to Saturday Vigil Mass. Lynn answered the call, promptly turning her car into the church parking lot and taking shelter from the storm. Her visit that day would also be a calling to join the ministry of Regina Health Center (RHC) as a volunteer.

The church bulletin included an ad from RHC calling for volunteers. A faithful woman, Lynn recognized the opportunity as another way to give back and thank God for her many blessings. She contacted Sister Pat Gardner, CSA, to begin a new venture in her life.

Since that day in 2005, Lynn and her husband Mark have been faithful and devoted RHC volunteers and supporters, serving in many ways. As an avid golfer, RHC's annual Holy-In-One Golf Outing was a perfect fit for Mark. Both Lynn and Mark volunteer on the event steering committee and were instrumental in working with the general manager at Firestone Country Club to plan the 2014 event.

Lynn and fellow committee member Kathy Welsh organized auctions the night of the event that raised more than \$16,000. Kathy's husband Tom and Mark were instrumental in securing first-rate prizes for golfers. With Lynn and Mark's large circle of family and friends, they helped fill two courses at Firestone where 232 RHC supporters enjoyed a day of golf and camaraderie.

Lynn and Mark have also played a key role in establishing and sponsoring the Pebble Beach Raffle that has become synonymous with Holy-In-One. Each year, only 200 tickets are sold at \$100 each for a chance to win an all-inclusive trip to the famous Pebble Beach Golf Club in California.

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A TRIPLE CROWN WINNER



Winning the triple crown is really rare. Horse racing has its triple crown for a horse that wins the three major races in one year, which has only been done 11 times in the last 95 years. Baseball also has its version of the triple crown, which is also a pretty exceptional feat.

In long-term care, there is no actual triple crown. If there were, I'd like to think Regina Health Center (RHC) would be one of those rare winners this year—for three reasons.

Once again, RHC maintained the highest Five-Star Quality Rating from the Centers for Medicare & Medicaid Services (CMS), which is a rating only a small percent of all nursing homes in Ohio receive.

Second, RHC received a deficiency-free rating in the annual Ohio Department of Health (ODH) survey of licensed assisted living facilities.

Third, we received a deficiency-free survey from the ODH for skilled nursing. Being deficiency-free is pretty rare in and of itself with about only 10 percent of all skilled nursing facilities nationally and in Ohio receiving the rating. It's even more rare when combined with the Five-Star Rating and the deficiency-free assisted living rating.

To receive a deficiency-free survey, we had to meet hundreds of federal and state health and safety standards. The survey process itself involved an unannounced visit from five ODH employees who spent four days reviewing organizational procedures while observing hands-on operations.

The surveyors also interviewed staff, residents and family members, and examined medical records and other documentation. The survey process focuses on how the needs of our residents are met, encompassing not only their medical and nursing needs, but also their social, psychological, spiritual, nutritional and physical needs. The process occurs every nine to 15 months through unannounced multi-day inspections.

Because the survey requirements are so stringent, it is extremely difficult to receive a 100-percent deficiency-free survey. The results are a testament to the hard work and commitment to provide exceptional care of every member of our staff at RHC. Everyone associated with RHC, including our residents, should take great pride in this recognition of our quality services and all the other recognition we've received.

Our residents may not know we're a "triple crown" winner, but they know we're doing many things right. When interviewing our residents, the surveyors noted that they said they were happy and felt RHC was their home, and that the staff cared for them as individuals.

In the end, that's the most important recognition we could receive.

A handwritten signature in black ink that reads "Mark C. Yantek". The signature is written in a cursive, flowing style.

Mark C. Yantek, LNHA

Executive Director, Regina Health Center

MEET THE MISSION SUPPORT AND DONOR RELATIONS DEPARTMENT

To better describe its role and purpose at Regina Health Center, the former fund development department is now known as the mission support and donor relations (MSDR) department. Although the name is new, the purpose of the department remains the same—to support RHC’s mission through its fundraising activities and donor relations. The new name also exemplifies the department’s focus of assisting RHC’s donors in achieving their philanthropic goals by supporting this ministry of the Sisters of Charity of St. Augustine.

“The former name, ‘fund development,’ did not capture the essence and meaningfulness of the love we see each day from families who wish to give back for the care of their loved one, and from those who have been deeply touched by the religious members who now need their support,” said Mark Yantek, RHC executive director.

Please call Maureen O’Neill-Laszlo, MSDR director, or Nancy Ilg, donor services & special events associate, to discuss your philanthropic needs at 330.659.5142.

Continued from page 1

“Regina Health Center has been blessed to have these two wonderful friends who have done so many things to enhance the lives of the residents who live and rehabilitate here,” said Mark Yantek, RHC executive director.

The Yankes are members of RHC’s giving societies, including the prestigious Lifetime Benefactor Society for their accumulated lifetime giving and the Circle of Abiding Love for their generous gifts to the annual appeal.

When not spending numerous hours volunteering for RHC and other charitable organizations, Lynn and Mark travel to Chicago to visit their son and daughter-in-law, and new granddaughter, Maya. Lynn’s twin sister and mother also live there. They have another son who lives in Singapore.

Mark is the founder and president of Yanke Bionics, Inc, which provides orthotic and prosthetic services



Mark and Lynn Yanke have been devoted volunteers and generous supporters of Regina Health Center since 2005.

in Summit, Stark and Cuyahoga counties.

“We are forever grateful for Lynn and Mark’s friendship. We thank them for choosing Regina Health Center for their philanthropic support and strategic volunteer work,” said Maureen O’Neill-Laszlo, director of mission support and donor relations for RHC. ♦



The Yankes help organize the Holy-In-One Golf Outing each year and have been instrumental in establishing and sponsoring the popular Pebble Beach raffle. Holy-In-One tees off June 15, 2015, at Firestone Country Club. Early bird pricing and raffle tickets are available now at www.holyinone.com.

RESIDENT CARE SPOTLIGHT

Sister Mary Jacob Yelcho Takes the Road More Traveled

Since entering the Sisters of Charity of St. Augustine in 1950, Sister Mary Jacob, CSA, has traveled far in both her spiritual journeys and her journeys around the globe.



Sister Mary Jacob was introduced to a lifelong career in health care and to the Sisters of Charity of St. Augustine (CSA) through the United States Cadet Nurse Corps. The federal government established the

program in 1943 to care for soldiers during World War II and fill the wartime nursing gap at U.S. hospitals.

Through the Cadet Nurse Corps program, she came to St. Vincent Charity Hospital in Cleveland, where she witnessed firsthand the ministry of the CSA Congregation.

“I was inspired by the good works of the sisters who ran the hospital, which is what encouraged me to join the CSAs,” said Sister Mary Jacob.

She entered the community in 1950 and took her final vows in 1956. She was not called to the war front, but was called to St. Thomas Hospital in Akron, also founded and operated by the CSAs. After working her way up to ward supervisor, she was called 550 miles south to be a floor supervisor and councilor at another CSA-operated hospital, Providence Hospital in Columbia, South Carolina.

“Sister Mary Jacob served as a dedicated nurse and leader,” said Sr. Judith Ann Karam, CSA, congregational leader. “She wore many hats and always accepted whatever assignment was requested of her.”

She stayed in South Carolina for three years before moving back north to Timken Mercy Hospital in Canton, Ohio, where she was in charge of nursing services. She eventually journeyed south again, back to Providence Hospital, serving as executive director and then president for 22 years.

Sister Judith Ann said, “Sister Mary Jacob is dearly loved and remembered by the people of Columbia. Whenever I am there, staff, physicians, volunteers and community leaders ask how she is.”

Sister Mary Jacob was also heavily involved in establishing the Sisters of Charity Foundation of South Carolina. She continued at the foundation as a volunteer until her retirement in 2005. She then returned to Ohio to live at the Motherhouse at Mt. Augustine, which is also the location of Regina Health Center.

One of her fondest memories from her career in health care came during a trip to Romania. She and other health care staff at Providence Hospital were asked to assist at a cardiac clinic in a small, impoverished town in Romania in desperate need of medical services.

“The people were so glad to see us because their hospitals were run down and the beds did not even have sheets or pillowcases,” she said.

After returning home, the group was able to send back

several boxes of medicine, beds and other medical supplies. “The Romanian cardiologist who visited Providence Hospital after our visit was astonished when he returned to Romania to find the much needed supplies,” she added.

Keep on traveling

Retiring did not stop Sister Mary Jacob from traveling. She is proud to say that she has logged 1,800 miles on foot, walking the grounds at Mt. Augustine. She did the math and determined that distance is the equivalent of walking from Mt. Augustine to Providence Hospital to Sullivan’s Island on the east coast of South Carolina and back to Mt. Augustine. She also continues to return to South Carolina. “In fact, I’m on my way home to Ohio from Sullivan Island as we speak. I’m in Charlotte, North Carolina, with another 500 miles to go,” she said.

“Sister Mary Jacob is not only an avid walker and traveler, she enjoys telling jokes and keeps residents and staff members sharp with her mind-boggling riddles,” Sr. Judith Ann Karam said with a chuckle. ♦

“SISTER MARY JACOB SERVED AS A DEDICATED NURSE AND LEADER. SHE WORE MANY HATS AND ALWAYS ACCEPTED WHATEVER ASSIGNMENT WAS REQUESTED OF HER.”

– Sr. Judith Ann Karam, CSA, congregational leader

Your support benefits the health care needs and quality of life for Sister Mary Jacob and the many other religious and clergy who call Regina Health Center their home.



REGINA HEALTH CENTER

TRIBUTE GIFTS



GRATEFUL HEARTS

The Grateful Hearts Tribute Program was established so donors can make a meaningful gift to support Regina Health Center and at the same time, remember or honor a loved one. In 2013, RHC received 236 gifts to honor or memorialize loved ones and friends. Listed below are the names of those who are given tribute followed by the names of the contributors. Regina Health Center thanks the generous donors who make gifts to the Grateful Hearts program. We congratulate those who have been honored, and extend our deepest sympathy to those who are grieving the loss of a loved one. Our prayers are with all who are listed here—living and deceased.

REGINA HEALTH CENTER HONOR AND MEMORIAL CONTRIBUTORS

Memory of Sister Mary Ann Andrews, CSA
Kevin & Lynn Berner
Charles M. Miller & Susanna H. Krey
James McNealy & Christina Walker

Memory of Beverly Jackson Armstrong
David Ross

Honor of Sister Mildred Baker, IHM
John & Alice Marron

Memory of Father George Balaun
James N. Martin

Honor of Sister Mary Patricia Barrett, CSA
Patricia Jiwani

Memory of Florence Bialkowski
Geraldine Bialkowski

Memory of Irene Bledsoe
Thomas M. & Sally A. Rini

Memory of Gene & Margaret Bryan
Thomas S. & Martha G. Sevek

Honor of Sister Mary Bryan, CSA
Carl R. & Sharon Bryan

Memory of Julie & Mike Buckley
James & Marilyn T. Buckley

Honor of Barbara Ann Caputo
James E. & Gina Brundage

Memory of Bernice Caruso
Nicholas Caruso

Memory of Genevieve Charobee
Michael & Laura Lynn McFadden

Memory of Wanda Chojnicki
Marilyn Friga

Memory of Salvatore Cilluffo
Karl J. & Caroline L. Jwuc

Memory of John Cregan
John & Colleen C. Cooney

Memory of John J. Cunnane
Lorraine Cunnane

Memory of Dr. Arthur & Kathy D. D'Alessandro
Rita M. D'Alessandro

Memory of Tony & Elmira Dayson
Randolph M. & Dolores Heinle

Memory of Mary V. Dempsey
Thomas C. & Delann Dempsey

Honor of the Dominican Sisters of Peace
Joseph G. Spagnuolo

Honor of Reverend Thomas R. Dunphy
Charles K. Laszlo & Maureen O'Neill-Laszlo

Memory of Frank & Barbara Durkin
James M. & Nancy Durkin

Memory of Sister Elaine Eggert, OP
Joseph G. Spagnuolo

Memory of Kathryn Eging
Carl J. & Janine M. Eging

Honor of Sister Miriam Erb, CSA
Larry E. & Rosemary Faulhaber
Reverend James G. Maloney
Reverend John T. McDonough
Mary Kathleen McGorray

Memory of Geraldine Fischer
Mary Ann Fischer

Honor of Brian Flannery
Bishop Roger W. Gries, OSB

Memory of Brother Thomas Flannigan, SSS
Edward Slane

Memory of Irma Flowers
Reverend Eileen F. Vizcaino

Memory of Brigid Forrestal
Mary Pat Boyce

Memory of Sister Carolyn Fradette
Anthony J. & Luanne R. Drago

Memory of Sister Lillian Fries, CSA
Richard & Elaine Mahl

Memory of Coletta C. Fuerst
Gerald E. & Mary Lou Fuerst

Honor of Charlotte Ganim
Douglas J. Ganim

Memory of Susan Gauntner
Daniel R. & Patricia M. Potopsky

Memory of Helen Gick
Mark A. & Anne Janack

Honor of Sister Xavier Gorman, CSA
Michael B. & Barbara Ferris
Reverend James G. Maloney

Memory of Sister Henrietta Gorris, CSA
Jeretta Weiss
John J. Weiss

Memory of Haddad Family
Louise McGann

Memory of John S. Halter
Edward G. Bilek

Memory of Sister Maura Hannam, CSA
Mary Pat Boyce
Kathleen T. Young

Memory of Dorene Harwood
Lisa Cugini
James V. & Madeline Debevec
Donald J. Nekl
Germaine G. Polensek
Michael D. & Kathy Polensek
Joseph & Dolores Shega

Memory of John Haubert
Thomas J. & Kathryn F. Haubert

Memory of Will Hayes
Robert M. & Nancy A. Yopko

Memory of Max & Maria Heinle
Randolph M. & Dolores Heinle

Memory of Louis Hosta
Evelyn Hosta

Memory of Angela Hronek
Kathleen A. Hronek

Memory of Sister Mary Genevieve Hudacko, SC
John R. & Joyce M. Hudacko

Memory of John P. Hughes
John M. & Linda Hughes

Memory of Sister Ann Isabella, SND
Carrie Jean Bonacci

Memory of Reverend William J. Johnson
James L. & Diana E. Mulac

Memory of Leona Jurlina
Edward A. Baznik
Gustave Julian
Bernard J. Wiederwohl

Memory of Ron Kabelac
Lawrence & Christine Dusek

Honor of Sister Judith Ann Karam, CSA
Terri Parker

Honor of Sister Angela Kelly, CSJ
Kathryn Thomas

Memory of Grace L. Kisch
Norman F. & Marge M. Hoprich

Honor of Sister Mary Assumpta Kneier, CSA
Loretta A. Planavsky

Memory of Paul M. Kubinski
Daniel & Arlene Gresky

Memory of John Kurkul
Lois M. Kurkul

Memory of Marilyn Laboda
Robert E. Laboda

Honor of Florence Labuda
Anonymous

Memory of Father Andrew Laheta
Michael J. & Dianne L. Laheta

Honor of Sister Genevieve Lane, CSJ
Jeanmarie M. Cortelyou

Memory of the Lavelle Family
Mary Ann Lavelle

Honor of Sister Martha Leyden, OP
Norman H. & Mary Green

Memory of Lola Maher
John R. & Maureen M. D'Agati

Memory of Father Tim Mangan, SSS
Hannah M. Mangan

Memory of Sophie Maslanka
Larry & Dolores Anderson

THANK YOU REGINA SOCIETY MEMBERS

Thank you to Regina Health Center's *Regina Society* members for their thoughtful and generous gifts that will benefit residents far into the future. The *Regina Society* recognizes individuals for expressing their deepest philanthropic desires in the form of an estate gift. We are grateful to Candy and Delores Young (see their story on page 10) and to our other *Regina Society* members who took similar action either through an estate provision or through Regina Health Center's charitable gift annuity program.

Anonymous (2)+

Rita Burdick

Marie A. Christopher

Mr. and Mrs. Richard Connelly

Robert M. Eiben, M.D.*

Karen M. Frey

Joseph* and Ruth Graskemper

M. John and Drenda K. Heydel+

Olga M. Horvath

Margaret Keehner*

Michael Mileca

Dorothy A. Motta

Maria J. Peklo*

Pamela Shuman

Edward J. Spirko

Lucille K. Ursem*

Wenceslaus Vozobule*

Candy Young+

Delores Young+

Edward N. Zajac

Anonymous (2)

+ new member in 2014

* deceased

FALL IS A GOOD TIME TO DROP YOUR TAX BURDEN

Fall is a popular time to review finances as many individuals aim to maximize their tax benefits for the year. If you're thinking about donating to a non-profit, consider using highly appreciated securities for your charitable gift in lieu of writing a check.

When you sell securities, you are taxed on the full gain from profit. But, a gift of securities to Regina Health Center generally qualifies for both an income-tax deduction and a way to avoid the long-term capital gains tax. We are happy to work with you and your financial advisor to make the transfer of securities to RHC as simple as possible. You will want to speak with your advisor about using the right securities to maximize your tax benefit.

Memory of Catherine Irene Masterson
Michael & Brenda Saridakis

Memory of Antonia Matis
Barry A. & Marie A. Zimmer

Memory of Garnett Mencer
Wade & Jo Ann Maupin

Memory of Jeanne Monahan
James & Jeanne Monahan

Memory of Anne Monda
Andrew D. & Iris Monda

Honor of Reverend Dominic Mondzelewski
William & Marie Mills

Honor of Sister Joachim Mullen, OSU
Barbara A. Alfien

Memory of Father Anthony Muzic
Anonymous
Evelyn Hosta

Memory of Christine Muzic
Anonymous
Evelyn Hosta

Memory of Sister Rita Louise Neader, CSA
Strahler Development, Inc.

Memory of Joseph J. Niedzwiecki
Julia M. Niedzwiecki

Memory of Joseph M. Nock
Marcia M. Nock

Memory of Rae Ann and William J. O'Neill
Charles K. Laszlo & Maureen
O'Neill-Laszlo

Honor of Reverend William P. O'Neill
Jacquelyn A. Brown

Memory of Sister Andrew Parchem, CSA
John O'Patka & Lana J. Graber

Memory of Sister Margaret Pero, CSA
Thomas J. & Gwendolyn A. Seeman

Memory of Anthony Joseph Pesta
Ralph & Mildred Pesta

Memory of Sister Lois Platten
David L. & Joanne McNamee

Memory of Sister Mary Coletta Polk, CSJ
Michael & Kelly Manocchio

Memory of Marie Theresa Pratt
Kareyn M. Bade

Memory of Joey Quirarte
Joseph D. & Rita M. Quirarte

Memory of Stephanie Raker
Rocco & Yolanda Esposito

Honor of Sister Francesca Rauckhorst, CSJ
Anonymous

Memory of Margaret & William Rawlins
Mary Jean Donovan

Memory of Ann Reali
Patrick G. & Ruth E. Garry

Memory of Fred & Jean Rippon
Anonymous

Honor of Kenneth & Rebecca Rocco
Gerald M. & Jean Boldt

Memory of Carl Rowland
Paul & Janet Rowland

Honor of Joe Ruby
CareSource Management Group

Memory of Sister Edward Marie Ryan, CSJ
Susan Sugar

Memory of Angela Sable
Daniel & Ann M. Merkel

Honor of Sister Elizabeth Schur, CSA
William E. & Carol M. Rosenberg

Memory of Savena & Sedar Families
Frank R. & Mildred S. Savena

Memory of Sister Mary Sheila, CSJ
Lillian Nawalanic

Memory of Victoria Shipta
Kevin L. & Barbara Adams
William & Kelly Buehl
Sharon L. Castle
Cleveland Cavaliers/Quicken Loans Arena
Mary Ditzig
Sandra K. Pagano
James & Mary Jo Reye
John V. & Louise A. Satory
Randall C. & Elizabeth J. Sproull

Memory of Evelyn Sigler
George J. & Linda E. Palko

Honor of John & Mary Simonetti
Thomas E. & Carole A. Banyas

Honor of Sisters of Charity of St. Augustine
Robert C. & Agnes Maynard
Charles K. Laszlo &
Maureen O'Neill-Laszlo

Memory of Martin & Christina Skocaj
Rosalie A. Skocaj

Memory of Helen Sliwinski
Louise Salamon
Robert G. & Irene M. Urbanski

Memory of Dorothy Smigrocky
 Irwin & Nancy Frank
 Nancy E. Grove
 Jones Day
 Adele G. Schmoltd
 Michael & Emily Szymanski
 St. John Funeral Home

Memory of Lois Soss
 Marvin A. & Constance Baumer
 Donald J. & Elizabeth J. Belair
 Paul & Joanie Belair
 Thomas R. & Patricia A. Hamilton
 Goldie Mack
 Mary Patrick
 Richard W. & Constance E. Smalley
 St. Ambrose New Life Choir

Honor of St. Joseph Academy
 Jack & Coletta Mulloy

Memory of Mary Jo Stehura
 Benedict & Terese Stehura

Memory of Virgil Steinmetz
 Robert F. & Dorothy C. Anelli
 Barry L. & Joyce A. Beer
 Jacqueline A. Burton
 Charles & Gayle Campbell
 Karen Freibert Sharrock
 Althea Marquardt
 Gerald L. & Jacquelynn K. Pasheilich
 Rebecca Popovich Burdick
 Michael & Carolyn Roch
 Ron & Mary Roch

Dr. David & Dr. Jane Silk
 SimVentions Inc
 Mark Steinmetz
 Deborah Walko

Memory of Mary Ann Sweeney
 William F. Sweeney

Memory of Sister Suzanne Turk, CSJ
 Lawrence A. Turk

Memory of Betty Unger
 Michael J. Mileca
 Gary Piersa

Honor of Ursuline Sisters – Jubilarians
 Gesu House
 Ursuline Sisters Regency House

Honor of Ursuline Sisters of Cleveland
 Robert C. & Agnes Maynard

Memory of Vincentian Sisters of Charity
 Sister Zoe St. James, SC

Honor of Helen Wisniewski
 Edna Fullenkamp

Memory of Eunice Woll
 Barbara A. Alfien

Honor of Sister Mary Jacob Yelcho, CSA
 Therese A. Loftus

Memory of Sister Rosemary Yonkers
 William & Marie Mills

PERMANENT TRIBUTES

The Grateful Hearts Tribute Society offers an opportunity for family and friends to establish a permanent tribute to honor or memorialize their loved one. Permanent memorials are included in the intentions at daily Mass at Regina Health Center. The book of tribute names is located at the rear of the main chapel. We thank the families and friends who remember their loved ones in this way.

Margaret Anne Brosnan
 Mary Barrett Brosnan
 Patrick J. Brosnan
 Elizabeth Carraher
 Donald A. Gedeon
 Ruth Marian Raybuck
 Lois Soss

We regret if we have inadvertently excluded or misspelled any names. Please call the mission support and donor relations office at 330.659.5142 so that we can correct any errors. Thank you.

BOOST YOUR INCOME WITH A CHARITABLE GIFT ANNUITY

Since it began 10 years ago, Regina Health Center's charitable gift annuity (CGA) program has benefited many donors by offering them fixed income for life, attractive rates of return, an income-tax deduction in the year of the gift, partially tax-free payments that increase after-tax value and the satisfaction of supporting one of their favorite charities. Many donors participating in the CGA program have transferred funds from low-paying certificates of deposit or other low-yielding accounts to increase their income while supporting Regina Health Center (RHC). The program is open to individuals age 60 or older who wish to make a generous gift of \$10,000 or more to RHC and at the same time receive income for life. Please see the sample gift annuity illustration on this page.

The mission support and donor relations department can send you a personalized, no-obligation gift annuity illustration specific to your situation. Call 330.659.5132 or complete and return the gift annuity section of the envelope inside this newsletter.

SAMPLE of a Charitable Gift Annuity				
Age	CGA Amount	Rate	Quarterly Payment	Charitable Tax Deduction
76	\$20,000	6.0%	\$300.00	\$9,147.80

These calculations are for illustration purposes only and may differ due to your situation or the timing of your gift.

DONOR SPOTLIGHT

Sharing the Love: Delores and Candy Young Add Will Bequest to Honor Betty Unger

Betty Unger was a resident at Regina Health Center (RHC) for less than a year, but the impact RHC had on her sister and niece will last a lifetime and beyond. Betty's sister Delores Young and niece Candy Young were so moved by the care Betty received, they each chose to leave a bequest provision in their wills for RHC.

After Betty spent months moving back and forth between the hospital, a rehabilitation facility and her apartment in Berea, Delores and Candy needed to find a nursing home for her. They had a list of homes and did some research, learning RHC was highly rated.

"We thought it would be impossible to get Aunt Betty in because of its good reputation. The minute we walked in, I said this place is different. I couldn't pinpoint it then, but realized it was the people," said Candy. "They make everyone feel so loved and valued. Thankfully, we applied and they had a room for Aunt Betty."

Betty moved in to RHC in January 2013, sharing a room with Jo Mileca. The two quickly became great friends (see "Resident Spotlight" in the fall 2013 newsletter for a story about Betty and Jo). Delores and Candy also became close to Jo and Jo's son Mike.

Although Betty passed away in September 2013, Delores and Candy return to RHC several times each month to visit with Jo, other residents and staff members. Both also wanted to leave a lasting legacy, which is why they had their lawyer add a bequest provision for RHC to their wills.

"Adding a bequest was simple. It's very comforting to know our money will be used wisely and will make an impact. There's nothing like RHC, with a staff that is so faithful and compassionate. Nurse Donna Palecek and everyone else was always so great to Aunt Betty.



Delores and Candy Young support RHC by regularly visiting residents and by leaving a bequest provision in their wills. Pictured (l to r) are Candy Young, Most Rev. Roger W. Gries, OSB, Delores Young, Sr. Judith Ann Karam, CSA.

You can't run a facility like RHC without financial support," said Candy.

Delores is grateful for the care her sister received and for the care everyone receives. "It's easy to see the good RHC does for so many people, including priests and nuns who helped so many people along the way," said Delores. "Adding RHC to my will is the least I can do to repay them for giving us so much peace of mind during the last eight months of Betty's life." ♦

For more information about including RHC as a beneficiary of your estate, please call Maureen O'Neill-Laszlo, director, mission support and donor relations, for more information at 330.659.5132.



Holy-In-One Sets New Records

Regina Health Center's 2014 Holy-In-One Golf Outing June 16 at Firestone Country Club in Akron broke new records. Now in its 15th year, the organizing committee decided to move the outing to the legendary Firestone, which proved to be a good decision. With 232 golfers and 310 dinner guests, the event raised a record-breaking \$201,000. The proceeds go toward supporting the residents at Regina Health Center (RHC), many of whom attended the event as volunteers or as dinner guests. After golf, Dan Coughlin, Emmy-winning sports broadcaster and sportswriter, joined forces

with auctioneer Bob Hale to raise much-needed funds for resident beds and medical equipment.

A huge thank you goes to Pat Powers at Donely's for being our event sponsor, and we thank all of our generous sponsors and golfers for joining RHC in our mission to provide the best care to deserving religious and lay residents. Special thanks also to Joseph C. Maurer, committee chair, The Most Reverend Roger W. Gries, OSB, and the hard-working Holy-In-One committee for their help in making this a smooth running event for all to enjoy. ♦



Photos: (top) Les Dunning, Bob Kane, Most Reverend Roger W. Gries, Father Ned Weist, John Dunning; (middle) Ursuline Sisters – Sr. Susan Durkin, Sr. Barbara Sever, Sr. Joan Peine, Sr. Susan Bremer; (bottom) Dave Sommers, Brian Koch, Bud Koch, Ron Bates



Mark your calendar for June 15

The 16th annual Holy-In-One Golf Outing tees off June 15, 2015, at Firestone Country Club. Sign up now for early-bird pricing and course preference. You can also purchase limited Pebble Beach raffle tickets now.

Call Nancy Ilg at 330.659.5142 for information or to secure your sponsorship or golf spot, or visit www.holyinone.com.

SISTERS SERVING NORTHEAST OHIO

Progress & Promise



Permanent Installation of *Progress & Promise* Exhibit Coming to Regina Health Center

The much celebrated touring exhibit, *Progress & Promise: Sisters Serving Northeast Ohio*, will have a new permanent home at Regina Health Center (RHC). An official blessing and dedication is November 13.

The exhibit showcases the heritage and presence of Northeast Ohio's women religious. It consists of panels that tell the story of the sisters who began arriving in Northeast Ohio in the mid-1800s and built schools, hospitals, orphanages and homes for seniors. The story unfolds to tell how the institutions continue to thrive and how the sisters have evolved to serve current needs.

The exhibit has traveled throughout Northeast Ohio for the past three years. The Sisters of Charity

Foundation of Cleveland (SCFC) was looking for a permanent home for the exhibit and approached RHC Executive Director Mark Yantek earlier this year.

Mark thought about it for a second and said, "We would be thrilled to accept the exhibit here. It is about the residents who grace our halls every day."

With that, a task committee was formed and Diane Adams of Adams Art & Design began the process of reconfiguring the physical exhibit to fit along the main corridor at RHC. Sister Mary Denis Maher, CSA, archivist for the Sisters of Charity of St. Augustine and *Progress & Promise* task committee member, said, "Regina Health Center at Mt. Augustine is a part of the Motherhouse of the Sisters of Charity of St. Augustine (CSA). We are honored to share this space and very happy that we will all benefit from this display depicting the rich history of the many women religious who contributed to our region for more than 160 years."



The permanent exhibit is made possible through funding from the foundation. “We are extraordinarily grateful to the Sisters of Charity Foundation of Cleveland for funding this project. They have been helpful to us in so many ways and the exhibit will be a constant reminder of their generosity and love for Regina Health Center,” said Mark.

Foundation President Susanna H. Krey said, “Regina Health Center represents the essence of *Progress & Promise*, which is about collaboration of sisters with the community to address the needs of the community. RHC was established through more than 22 religious congregations working together to address the needs of aging religious, who have served Northeast Ohio so dutifully. On behalf of the foundation, we are so pleased to sponsor the permanent installation of the exhibit at RHC. ”

The next time you are at RHC, please give yourself extra time to take in the rich history of the sisters of Northeast Ohio by visiting the *Progress & Promise* exhibit. ♦

Regina Health Center represents the essence of *Progress & Promise*, which is about collaboration of sisters with the community to address the needs of the community.

– Susanna Krey, Sisters of Charity Foundation of Cleveland president



WELCOME NEW STAFF MEMBERS

Regina Health Center is pleased to welcome two new additions to the leadership staff.

Adam Gockowski is the director of fiscal services for Regina Health Center and Light of Hearts Villa. He has extensive experience in fiscal services and health care, previously working as director of accounting services at Richter Healthcare Consultants and in the finance departments for two long-term care facilities. Adam grew up in Maple Heights, Ohio, and graduated from Kent State University. He and his wife Mary live in Twinsburg and have four grown children. They are about to celebrate their 33rd wedding anniversary. Adam is a baseball and classic car enthusiast, and belongs to Our Lady of Guadalupe Parish in Macedonia where he serves as Eucharistic minister.

Joyce Haynes is the assistant administrator at Regina Health Center (RHC). Joyce shares the RHC passion to provide exceptional care in a compassionate and holistic environment that enriches the lives of the elderly. Joyce considers herself to be an advocate for supporting the dignity of each person, and promoting individual choices that allow residents to live life fully and with dignity. She graduated magna cum laude from Kent State University. She attended The Ohio State University, Fisher School of Business Executive Education program for long-term care before successfully passing the board exams to become a licensed nursing home administrator. Prior to her career transition into long-term health care administration, Joyce had more than 15 years of leadership experience, specializing in business, human resources and operations management.

Regina Health Center Staff Members Honored



Six RHC staff members were recently honored for outstanding service during the 2014 LeadingAge

Ohio STARS Employee Recognition Luncheon. The event is hosted by LeadingAge Ohio, the advocate of not-for-profit services for older Ohioans. Residents, resident families and employees nominate individual front-line employees for their exemplary service. RHC staff honored include:

- Virginia Fernengel
- Cora Perez
- Howida Hassouneh
- Kathleen Pokorny
- Chris Mis
- Wanda Wilkosz

“It is an honor to recognize and congratulate these dedicated individuals who truly represent excellence in the care they provide for our residents.” — Mark Yantek, RHC executive director

OOPS! WE APOLOGIZE FOR THE ERROR.

In the Spring 2014 *The Heart of Regina Health Center* newsletter, we highlighted Regina Health Center resident, Sister Betty Harris, CSJ. Unfortunately, the name Harris was incorrectly spelled Harris. We regret this error and sincerely apologize to Sister Betty Harris. Thank you for your understanding and kind heart, Sister Betty.





CLASSIC CARS COME TO RHC

Each August, the grounds of RHC are turned into a large parking lot for one night. This year's annual Car Cruise-In and donor picnic took place August 27, with drivers and their classic cars coming from all over the region to compete for best car in three categories as voted on by event attendees. The car show is a favorite for residents as they reminisce about the cars they either drove or their parents owned. Residents also sell jewelry and rosaries that they create. Planned by Chris Therens, activities director, the show has grown since its inception, with new "old" cars dating as far back as the 1920s arriving every year. The mission support and donor relations department also hosted a donor picnic with classic picnic fare to thank and recognize donors.

LET THERE BE LIGHT CHRISTMAS APPEAL

Please watch for RHC's Christmas appeal in your mail soon. The Let There Be Light appeal is one of RHC's most important fundraising efforts of the year. Funds are raised to help bridge the gap between the growing cost of health care and ever-declining reimbursements from Medicaid. Your gifts are imperative to the sustainability of compassionate and holistic health care offered to RHC's religious and lay residents who are so worthy of your kind support.

RHC *upcoming events*

Nov. 13 PROGRESS & PROMISE
DEDICATION AND OPEN HOUSE

(By invitation)

Progress & Promise

SISTERS SERVING NORTHEAST OHIO

Nov. 16 HOLY-IN-ONE MASS

(By invitation)

Dec. 7 PEACE TOGETHER CHOIR

(By invitation)

To learn about how you can be a part of these exciting Regina Health Center events, please call the mission support and donor relations department for information at 330.659.5142.

REGINA HEALTH CENTER
5232 BROADVIEW ROAD
RICHFIELD, OHIO 44286
330 659 4161
reginahealthcenter.org

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WISH *list*

We thank all who have generously contributed for items on the Wish List through our previous newsletters. Please help us continue to purchase items that will enhance the lives of residents. We make every effort to apply your gift to the Wish List item of your choice. At times, we receive more than what is needed for a particular item. In that case, your gift will be applied toward the general mission fund. Thank you.

RESIDENT NEEDS

- Irons for the resident laundry room:
Many residents enjoy doing their own laundry and they are in need of three irons – \$50 each
- Yarn donations – light to medium colors

PASTORAL CARE DEPARTMENT

- Advent and Easter candles – \$275
- Hosts for one month – \$100
- Wine for one month – \$65
- Sanctuary lamps for one month – \$15



REGINA HEALTH CENTER

A Ministry of the Sisters of Charity Health System

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