

The HEART of Regina Health Center



FALL/WINTER 2024

6 Centenarians at Regina Health Center Celebrate 600+ Years

Since the birthday celebration, Aileen Norton and Bernice Raineri have passed. We keep them in our prayers.

When Regina Health Center resident **Alice Seymour** turned 100 on March 18, she became the youngest member of what has typically been an exclusive group. Not this year. Alice was one of six residents who are all over 100.

It's a first for Regina Health Center to be home to so many residents who are members of the centenarian club. "We've previously had one or maybe two residents at a time who were 100 or more. This is really exciting and a big deal to have six residents who were all born more

than 100 years ago," said Vicky Putt, director of activities, Regina Health Center.

In honor of this rare occurrence, Regina Health Center hosted a special centenarian celebration on April 12 with the six 100+-year-old residents, their families and staff. Richfield Mayor Michael Wheeler was also there to offer proclamations honoring their 600+ years of life. To add some perspective around the group being honored, they all lived during the early years of Prohibition. Around the time they were born, the first Winter Olympic Games were held in France and the first-ever crossword puzzle was published by Simon & Schuster.

MAINTAINING A SENSE OF HUMOR

The eldest of the group, **Bernice Raineri**, turned 102 on April 22. For many years before becoming a resident at Regina Health Center, Bernice was a volunteer, serving as the sacristan every day at Mass and then serving as a Eucharistic minister. She enjoys reading and playing board games with fellow residents and family — which includes five children, nine grandchildren, 21 great-grandchildren

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MISSION

Regina Health Center provides compassionate and holistic health care services primarily for members of religious communities, clergy and for other persons needing supportive services or residential nursing care. Regina Health Center is a collaborative ministry sponsored by the Sisters of Charity Health System.





RELATIONSHIPS ARE AT THE HEART OF EVERYTHING WE DO

A LETTER FROM THE EXECUTIVE DIRECTOR

In Their Own Words:

WHY WE LOVE REGINA HEALTH CENTER

“For all the amazing, dedicated people who go above and beyond, providing compassionate care and meaning to life.”

— Mary Lynn D.

“Our mother’s genuine care and concern given to her. She entered at the age of 90 and passed away peacefully almost to the age of 99.”

— Karen S.



If you read the About Us section of our website, it states that we “provide compassionate and holistic health care services in a unique setting for people seeking a faith-based environment.” That’s certainly true and all such an important part of our mission. There’s one word not mentioned in that sentence: relationships.

Relationships between our caregivers and residents. Relationships with our care partners. Relationships with our residents’ family members and our supporters.

And, relationships with the Sisters who set the mission and tone even before Regina Health Center opened in 1993.

Those relationships are how we’re able to put compassionate, quality care at the center of everything we do. It shows in the compliments we receive from family members and residents, and even from people not connected with Regina Health Center.

When state surveyors were here in the spring to conduct on-site inspections to ensure we’re in compliance with state and federal rules and regulations and to ensure quality of care and quality of life, they told us it was “so refreshing to be here.” They see a lot of skilled nursing and assisted living facilities, so we take their words in high regard.

We’re not the newest facility around, but people choose us because of that compassionate, empathetic care we provide. It’s a distinctive feature that doesn’t go unnoticed. Our staff are certainly the principal providers of the compassionate care, but as I mentioned, there are many relationships that are a big part of it — like our care partners.

Care partners include the hospice caregivers who partner with us, our nursing school partners who send students to us for clinical rotations, our therapy and pharmacy providers, and the performers and others who come here to play music or do activities with residents. They truly enjoy coming here because Regina Health Center brings out the best in people.

Weaving all of these relationships together is the compassionate care that comes through in many unique ways. It’s how we’re able to always focus on our mission and be much more than a caregiving facility. It’s how we’re able to be a comforting, spiritual home to those who need it most.

Thank you for having such an important relationship with Regina Health Center. With you and all the relationships we have, we’ll be here for many years continuing to provide the compassionate care that makes Regina Health Center such a special place.

Mark C. Yantek

Deacon Mark C. Yantek, LNHA
Executive Director, Regina Health Center



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Our Centenarians (from top left): Helen Herman, Libby Kaczynski, Rina Stizzi, Alice Seymour, Aileen Norton and Bernice Raineri.

CENTENARIANS *continued from page 1*

and two great-great grandchildren. Bernice also maintains a sense of humor. When asked for advice on how to live past 100, she simply said, “Don’t die.”

TREAT EVERYONE WITH KINDNESS

Alice is the youngest member of the group, but she still has sage advice on how to reach the century mark. “Treat everyone with kindness and be yourself,” she said. After receiving a degree in education from Notre Dame College, Alice taught elementary school at St. Cecilia School on Cleveland’s East Side. Her career changed from elementary school teacher to full-time homemaker and caregiver to her family, including her husband Douglas and three children. Unfortunately, her husband passed away at the age of 45. Family has always been very important to Alice, and she now has nine grandchildren and 16 great-grandchildren. Her daughter Jackie Piscura said she and her siblings benefited greatly by having their mother’s undivided

attention, which provided protection and security in their home life.

“There are earthly rewards publicly seen and announced and there are unseen rewards declared by the benefactors. But God sees and so do we,” she said. “We are the benefactors and recognize our mom who has endured in life, in character and strength, which gives us all hope to continue her legacy of care and love for her family. She is our connection and we continue in family unity because of her love.”

The second oldest of the centenarian club at Regina Health Center, **Renata “Rina” DiFranco Strizzi** will turn 102 in October. Rina was born in Naples, Italy, in 1922 and immigrated to Cleveland in 1939 with her sister and father. She attended Audubon Junior High School on the City’s near East Side, where she learned to read, write and speak English. Her mother, two sisters and a brother followed several years later, after the end of World War II.

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SHARE BOUNDLESS LOVE

Rina married U.S. Navy Seaman William Strizzi in 1942. For 35 years, she worked at General Electric’s Euclid Lamp Plant, retiring in 1983 at the age of 60. In between, she had a daughter and a son, and now has six grandchildren and 13 great-grandchildren. She attributes her longevity to her faith, keeping busy, helping others, and “sharing her boundless love with family and friends.”

Aileen Norton, who turned 100 in 2023, was an organist for 65 years, playing at several Catholic churches, the Cleveland Hopkins Airport Chapel and Larchwood Place Nursing Home. She received an accounting certificate from Western Reserve University in 1943 and held a variety of jobs, including as a steno clerk at the General Motors Tank Plant in Brook Park, Ohio, which is now the I-X Center exhibition facility. She has always had a knack for music, performing in the lead role in “The Fortune Teller” and “Babes in Toyland” Operettas with Arthur Murray Dancers when she was in her 50s.

Libby Kaczynski turned 101 on May 8. She graduated from John Adams High School in Cleveland in 1941 and the Wilcox College of Commerce on Public Square in Cleveland in 1945. Her daughter, Pam Rama, said she was a loving mother, homemaker and worked outside of the home at Cook United (discount department store chain) and Higbee’s Department Store in Cleveland. Later in life, she quilted baby blankets for children born at Bethesda Hospital in Boynton Beach, Florida, spending hundreds of volunteer hours doing so.

LOVE FOR A GOOD PARTY

Helen Herman is known around Regina Health Center as the “bingo queen”. Her son Larry Herman said his mother “loves a good party and celebration,” so she’s looking forward to her 101st birthday. “When she turned 100 last year, she was able to enjoy the festivities all day without slowing down,” he added.

Helen graduated from South High School in Youngstown, Ohio and was married in 1943. She has seven children, 12 grandchildren and 10 great-grandchildren. While being a full-time mother, she sold greeting cards to friends and acquaintances



to supplement the family income. As the children become older, she began working as a server for a number of years at the Charterhouse Restaurant in Euclid and the Manakiki Country Club in Willoughby. She went on to obtain her real estate license and spent more than 20 years as a real estate agent. Later in life, she became a secular sister and member of the 3rd Order of St. Francis. “Her religious faith and upbringing are a central part of her life. She has visited many religious sites around the world, including the Holy Land,” said Larry. ♦

“It was so exciting to celebrate the remarkable lives of these six residents and the unique feat of having so many centenarians who call Regina Health Center home at the same time.”

— *Melysa Foster, Community Relations Director*



Holy-in-One Celebrates 25 Years

Twenty-five years after first teeing off with 80 golfers trying to hit a hole-in-one on one short golf hole, the Holy-In-One Golf Outing has grown to a full-blown tournament played at the world-famous Firestone Country Club in Akron. The 25th annual event happened in August, with 184 golfers enjoying a great day of golf, prizes, food and fellowship. The event raised more than \$269,000 to help support the important mission of providing compassionate, quality health care for skilled nursing and assisted living residents. The online auction had more than 100 winners and many bidders competing for unique packages, raising more than \$35,000. On top of that, Fund-A-Need donations raised more than \$25,000 for a beautification fund for upkeep of outdoor areas and gardens.

Thank you to each sponsor, golfer, volunteer, donor and supporter for helping make this year’s Holy-In-One another huge success! ♦

We are seeking sponsors for the 26th annual event on August 21, 2025. Please contact Colleen at 330.659.5132 to find out more..



SAVE THE DATE

FOR THE 26TH ANNUAL HOLY-IN-ONE

8.21.25





Vowed Religious & Clergy CELEBRATE JUBILEE YEARS

Regina Health Center (RHC) is blessed to serve so many area religious and clergy in their retirement. they bring with them a lifetime of care and ministry through their years of service. In 2023, RHC celebrated 13 of these spiritually rich individuals who continue to serve within the halls, chapels and spaces at RHC.

75 YEARS



Sr. Aileen Murphy, OSU



Sr. Joan of Arc Walsh, SIW



Sr. Dorothy Turk, CSJ

70 YEARS



Sr. Shirley Ann Warner, OSU



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65 YEARS



Sr. June Hansen, CSJ

60 YEARS



Sr. Judith Ann Karam, CSA



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Fr. James R. Von Oss



Fr. Paul Bernier, SSS

50 YEARS



Fr. Ralph Wiatrowski

Thanks and Gratitude

Regina Health Center is grateful to continue to be blessed by generous supporters and friends. With help from 1,796 individuals, corporations and foundations, we were able to raise \$1,130,259 in 2023. Your gifts go toward the care of the aging religious, clergy and lay residents who count on your support. Know that you and those listed as deceased are prayed for at daily Mass in the Holy Family Chapel and Regina Health Center.

THANK YOU 2023 DONORS

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Thank God It's First Friday- West

We thank our many other donors who made thoughtful gifts to Regina Health Center in 2023. Please consider joining one of our Giving Circle Societies in 2024. We regret if we have inadvertently excluded or misspelled any names. Please call the Mission Support and Donor Relations office at 330.659.5142 so that we can correct any errors. Thank you.



2025 Holy-In-One Warm Up

Sunday, February 23, 2025

5820 Rockside Blvd. North
Independence, Ohio
2 to 4 p.m.

Includes indoor golfing experience in a golf party bay, appetizers and event area exclusively for our guests. Drink tickets available to purchase. Proceeds support the 2025 Holy-In-One Golf Outing.





STAFF SPOTLIGHT

Housekeeping and Laundry Department Important Part of Resident Care

Imagine doing 200 loads of laundry a week, cleaning and disinfecting more than 150 bathrooms and living spaces, disinfecting hundreds of doorknobs or cleaning thousands of square feet of common spaces. Those are just some of the many jobs that the Housekeeping and Laundry Department and its 11 team members do every day of the year to ensure a clean, safe, comfortable environment for residents.

All 11 team members are trained in infection-prevention protocols from the Ohio Department of Health (ODH), Centers for Disease Control and Prevention (CDC) and Occupational Safety and Health Administration (OSHA). They keep every corner of Regina Health Center not only looking clean, but also disinfected and sanitized.

“Everyone on our team works really hard to prevent infections to help keep residents safe, as well as to support resident well-being and contribute to their quality of life,” said Deanna Zawacki, director of the Housekeeping & Laundry Department. “Beyond the physical part of the job are the connections we make with residents. We get to know each resident and take the time to chat and listen to their stories. We remember their preferences and participate in events with them.”

The longevity of the staff also helps with building deeper connections with residents. More than half of the team has been with Regina Health Center for eight years or more, with the longest tenure being 19 years (Bojana Gajic). ♦



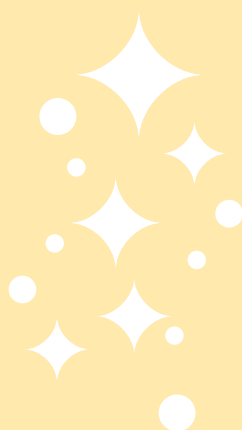
“Having people on staff for many years is rare in assisted living and skilled nursing. It’s a testament to the kind of place Regina Health Center is. It’s a place where we all feel part of the team and all play a role in the care residents receive.”

— Deanna Zawacki, Director Housekeeping & Laundry

THE HOUSEKEEPING & LAUNDRY TEAM

Thank you to the unsung heroes who help ensure residents have a clean, safe and comfortable home.

Deanna Zawacki, Director Housekeeping & Laundry
Gail Soulek, Head Housekeeper
Mary DiStaulo
Joanne Dreier
Bojana Gajic
Kathy Rosebrook
Sabrina Shriver
Jack Snider
Gloria Sullivan
Barbara Starkey
Gina Vojnovic
Samantha Wolford



RHC news and events

Newsweek Names RHC to “America’s Best Nursing Homes” List

RHC has been recognized as one of “America’s Best Nursing Homes 2025” by *Newsweek*, ranking 10th in Ohio. To assist seniors and their loved ones in considering long-term care options, *Newsweek* and Statista partnered to rank the best nursing homes. This year’s list recognizes 1,050 nursing homes across the 25 states with the highest number of facilities. The top nursing homes in each state were assessed and ranked based on four pillars: performance data, recommendations of medical professionals, accreditations and resident satisfaction. RHC has received previous accolades from *U.S. News & World Report*.

America’s Best
Nursing Homes
2025

NEWSWEEK

Top 10 in Ohio

Party in the Pavilion

Donors and supporters who helped make possible the expansion of the Madonna Garden and creation of the new resident pavilion joined us in June to stroll the garden while enjoying appetizers, beer and wine. You can still support the ongoing maintenance of the garden while leaving a lasting legacy by sponsoring a bench, bricks or pavers. [Scan the QR code for more information.](#)



Pictured (left column) Cathy and John Marion and Fr. Ralph Wiatrowski; Sr. Ritamary Welsh, OSU, Sr. Laura Bregar, OSU, and Sr. Judith Ann Karam, CSA; (right column) Cindy and Joe Maurer; Bricks for loved ones; Natalie Kennedy, Nurse, and Marti Shivak, Director of Nursing; Sr. Patrick Marie Walsh, OSU, and Jackie Szpoko



#weGIVE
CATHOLIC

December 3, 2024

Northeast Ohio’s Online
Day of Catholic Giving

Dec. 3

#WEGIVECATHOLIC DAY OF GIVING

#weGIVECATHOLIC is 24 hours of fundraising hosted by the Catholic Community Foundation that takes place on Giving Tuesday each year, which is December 3. Great news! Regina Health Center received a \$25,000 matching gift! Help us reach our goal of raising \$25,000, which will be doubled to \$50,000 to help support the Regina Fund. The Regina Fund covers the gap for the insufficient funds Medicare/Medicaid provides. The majority of residents, including all the vowed religious, are on this government assistance and it does not cover the true cost of compassionate care. Regina Health Center would never turn away any senior in our care and we rely on support from generous donors to fill this gap. Visit [WeGiveCatholic.org](#) on December 3, click on “Find An Organization” and type in Regina Health Center to donate during this important day of Catholic giving.



Feb. 23

Topgolf Holy-In-One Warm Up

Sunday, February 23, 2025
2 to 4 p.m.

Includes indoor golfing experience in a golf party bay, appetizers and event area exclusively for our guests. Drink tickets available to purchase. Proceeds support the 2025 Holy-In-One Golf Outing.

Aug. 21

26th Annual Golf Outing

Firestone Country Club. New in 2025: The North Course will be the only course available and an 8:00 a.m. start. Limited number of golfers!

Contact Colleen for early sponsorship at 330.659.5132



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RICHFIELD, OHIO 44286
330 659 4161
reginahealthcenter.org

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WISH *list*

The Wish List continues to be a success for those wishing to help in a specific way. We thank the Wish List donors who gave cash or gifts-in-kind in response to our last newsletter request, and share our current needs below:

ORDER OUT/EAT-IN PROGRAM

Donations to our Order Out/Eat In program. Residents are able to order food from a local restaurant and have it delivered for a special treat.

ENTERTAINMENT

- Donations of DVDs (or Amazon gift cards for DVDs for the Activities Department to share with and show to residents)
- Portable CD players

BEANIE BABIES Residents request for general store

AQUARIUM & BIRD AVIARY UPKEEP

Donations for maintenance and upkeep of the two aquariums and bird aviary. \$139/month for each fish tank. \$109/month for aviary

THERAPY ANIMALS

More therapy animals are needed for resident visits — contact Vicky Putt, activities director at Vicky.Putt@ReginaHealthCenter.org

Contact Mackenzie Phelps at 330.659.5142 or mphelps@sistersofcharityhealth.org to make arrangements or if you have questions. Thank you for supporting the Regina Health Center mission.



REGINA HEALTH CENTER

A Ministry of the Sisters of Charity Health System



Please Like us on Facebook. We frequently share resident events, photos, organizational news and employee recognitions.

NEWSLETTER CREDITS

The Heart of Regina Health Center newsletter is published annually to keep our supporters and residents updated on the many wonderful people and things that take place here every day.

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