

The HEART of Regina Health Center



SPRING 2012

Regina Health Center provides excellence in health care and supportive services that enrich your life or the life of an elderly loved one. We are recognized as a center that promotes wellness, holistic health care, education and research in an atmosphere that reflects the core values of spirituality and shared community life.

RHC'S MISSION IS ALIVE WITH RESIDENTS

Residents Make a Special Request after Good Friend Carl Rowland Passes Away

Carl Rowland was at Regina Health Center (RHC) for a little more than a year, but made a lasting impression. When he died in October 2011, the assisted-living residents had a request—they wanted to hold a special memorial service for Carl. Many residents, staff and family members gathered to remember Carl, taking turns telling stories about how Carl had touched their lives with his kindness or just by sharing a walk in RHC's gardens.

Carl came to RHC in 2010. Following intensive therapy, he moved to the assisted living area. He enjoyed visits from his family and quickly became immersed in many of the daily activities at RHC. He especially enjoyed arts and crafts activities, where he made Christmas trees, necklaces and ornaments, which he gave as gifts to family members and his RHC friends.

One special friend, Leonard Zmijewski, and Carl would team up during local shopping trips, each creating two shopping lists and then picking up items from each other's list to speed up the process. The two also shared meals and enjoyed participating in arts and crafts activities together. "We had such good conversations. He loved the holidays and for Halloween, he hung masks and Halloween lights from his window. We enjoyed looking at the lights in the evening from outside," said Leonard.

At the memorial service, Leonard fondly remembered Carl's sense of humor. When Leonard was named the assisted living council president, Carl would say, "There goes the mayor," recalled Leonard. "Carl also called me a garden farmer because of my involvement with RHC's Garden Club."

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NEW EVERCARE MODEL PROVIDES A NEW LEVEL OF CARE

More than 20 years ago, two innovative nurse practitioners (NPs) in Minnesota envisioned using an individualized, closely monitored and highly coordinated approach to shape health care management for elderly nursing home residents. The two nurses developed the Evercare Model, which is based on several care principles, including:

- ♦ *Help orchestrate and provide care through NPs, with an emphasis on the patient's psychosocial well-being.*
- ♦ *Monitor the "big picture" of a patient's physical, social and psychological needs.*
- ♦ *Minimize patient transfers of care and provide a greater proportion of care within the nursing home.*
- ♦ *Focus on prevention, working with nursing home staff to help ensure regular assessments and early detection.*
- ♦ *Encourage families to be more involved in a patient's care, with stronger and more consistent communication among the family, their care team and nursing home staff.*

Now that the Evercare Model has a proven track record and the Centers for Medicare & Medicaid Services (CMS) have approved it, we are working with the UnitedHealth Group to implement the model of care in our nursing home unit. They are covering the cost for a nurse practitioner (NP) to be onsite at RHC up to 20 hours per week. NPs are advanced nurses that perform many of the clinical duties an attending physician would, except they can provide more intensive primary and preventive care because they are onsite every day.

This new model is not a big change for RHC because we already provide a high level of care. But, the onsite NP will provide a closer level of clinical care than traditional RNs are trained to provide. Our goal is for 35 residents to enroll, however it could be as high as 70 of our 101 nursing-home residents, depending on each resident's unique needs and preferences.

With the NP onsite, they can provide closer clinical care than through the traditional model, where a physician visits their patients every few months. The NP will coordinate care with the attending physician to ensure the best clinical care possible. By providing more preventive care, we can help reduce hospital admissions. It will also help us prepare for Ohio's move to a managed-care model in 2013 for residents on Medicaid. This Evercare Model is a win-win situation for our residents, their families, our clinical staff and RHC overall. We are excited to offer it as an option because it is one more way we can continue to provide excellence in health care.

Thank you for your ongoing support and for believing in our mission.

A handwritten signature in black ink that reads "Brian J. Flannery". The signature is written in a cursive, flowing style.

Brian J. Flannery, NHA, MBA

Executive Director

Staying Active

RESIDENT CARE SPOTLIGHT

Helping the Lost Find Home

When 37 of the Lost Boys of Sudan fled their war-torn homeland for Cleveland in 2001, Sister Mary Frances Harrington, CSJ, was there to welcome them with open arms and ensure Cleveland became their new home. Despite the language barrier, she served as their ambassador and worked with them to help adapt to their new surroundings and its new customs. At one point, she raised nearly \$70,000 to pay for dental work for them. When Malong Mabior, who also goes by his Christian name Isaac, started a project in 2008 called Isaac's Wells so the Sudanese people would not have to walk miles just to get water that was contaminated, he asked Sr. Mary Frances to help raise money. She agreed to help and formed a committee to raise money to drill five wells in Isaac's former village.

They call her "Malaik," which is Dinka for angel. With her help, the Lost Boys have at last found a home in the world.

—Regina Brett

Now 80 and an assisted-living resident at Regina Health Center (RHC), her schedule is as busy as ever. She officially retired from active ministry in 1997, but never really slowed down. She continues to raise money for Isaac's Wells, to drill wells in the former villages of the Cleveland-based Lost Boys. The next



Sister Mary Frances pictured with Plain Dealer columnist and author Regina Brett and a group of the Lost Boys at a dinner held to honor both women for their ongoing support of the African refugees.

fundraising dinner is May 4 at the Church of St. Clarence in North Olmsted. (see information below)

Back at RHC, Sr. Mary Frances participates in a number of regular resident activities. She appreciates the variety of activities offered and the overall atmosphere. "There is something going on all the time and something for everyone," she said. "I enjoy playing pinochle with other residents, working jigsaw puzzles, monthly birthday celebrations, and I bowl on the Wii system in the resident computer room. Our wonderful pastoral care program takes care of our spiritual needs by providing daily Mass and Sunday afternoon Holy Hour."

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LOST BOYS FUNDRAISER

Friday, May 4 at 6 p.m.

\$20 FOR ADULTS; \$10 FOR CHILDREN

CHURCH OF ST. CLARENCE
30106 LORAIN ROAD, NORTH OLMS TED

To raise money to drill wells in the former villages of the Cleveland-based Lost Boys to provide clean water. The event includes dinner, a raffle and silent auction. For more information, contact Sister Mary Frances Harrington, CSJ, at 330.659.4161.



DEDICATED TO HEALTH AND HEALING

Pat Rantucci Celebrates 45 Years of Service

For 45 years, Pat Rantucci has created tens of thousands of delectable baked goods for Regina Health Center (RHC) residents, staff and visitors, and for sisters at Mount Augustine. When Pat’s youngest of two children set out for her first day of school in 1966, Pat decided it would be a good time to find a job outside of the home. A friend told her that Mount Augustine, then a convent for the Sisters of Charity of St. Augustine, was looking for a baker. Pat had some experience in baking and applied for the position. She was immediately hired and put to work.

Sr. Mary Dorothy Tecca, CSA, was in charge of the kitchen. She handed Pat a small scoop and a huge bowl filled with prepared cookie dough for one of her first tasks. “I remember it taking hours to scoop the dough and place on a cookie sheet. Well, a fellow baker and I had the idea to roll the dough in our hands. The job went so much faster,” said Pat. “When Sr. Mary Dorothy noticed the cookies were not a uniform size, she immediately corrected our efficiency misconception.”

Pat and a co-worker baked everything for the sisters, including homemade breakfast rolls, cakes and bread. “We had two ovens filled with 30 loaves of bread at a time. I took so much pleasure baking for the nuns and they took pleasure in eating the baked goods. Happily the novices came in to help clean the kitchen at the end of the day. I got to know them all and they were so nice. There is so much history here,” explained Pat.

Pat has seen many changes during her 45 years, including the conversion of a section of Mount Augustine to the current Regina Health Center, which has changed the baking process. Pat said, “Everything is different because there are more regulations when baking or cooking for a nursing home. It has been interesting learning about the new methods and standards. I still love it and all the people I have been able to serve, and I feel loved by everyone here.”



FORTY-FIVE YEARS LATER, PAT IS STILL THE MASTER BAKER, WITH RESIDENTS, STAFF AND VISITORS CONTINUING TO LINE UP FOR A TASTE OF HER COOKIES, DESSERTS AND OTHER BAKED GOODS.

About her early years baking for the sisters, Pat said Sr. Mary Dorothy was a stern, but good teacher. “She was tough, but she was kind and she taught me so much. I am still here and Sr. Mary Dorothy is still active in the community. She occasionally visits RHC. I would like to stay another five years, God willing, and make it 50 years.”

Pat and other staff members with years of service were celebrated at a special staff recognition reception in December. ♦

Priest Receives Much-Needed Healing through Short-Term Rehab after Fall into Ravine

Father Edward (Ned) Weist isn't certain how he lost his footing and tumbled down a 25-foot ravine and into a rushing, rain-swollen creek, but he is certain that he had a guardian angel looking out for him.

Fr. Ned of Our Lady Help of Christians Catholic Church in Litchfield, Ohio, fell into the creek behind the church while inspecting flood damage to a washed-out dam and bridge with church maintenance man Terry Leahy and Father Ron Bryda.

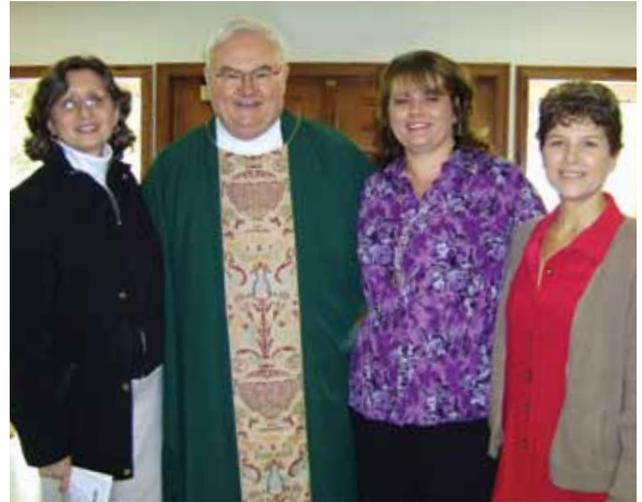
Terry could hear Fr. Ned calling out in agony and saw water nearly covering his face. He threw his cell phone to Fr. Bryda to call 911 and quickly climbed down into the ravine and into the ice-cold creek. Terry lifted Fr. Ned's head and neck out of the water for 45 minutes until firefighters could arrive and make their way down the ravine to rescue him. He was taken to the hospital where he had surgery for a compound fracture of his left femur and a broken left wrist.

"Terry was definitely my guardian angel in that raging water," said Fr. Ned.

Because of the serious nature of his injuries, Fr. Ned needed extensive therapy and time to recover. He spent three months in short-term inpatient rehabilitation at Regina Health Center (RHC). He was not able to put weight on his left leg for nearly three months, but participated in rehab every day to gain strength in his leg and range of motion in his wrist through a number of therapy exercises. Once his leg was strong enough to bear weight, his rehabilitation quickly progressed with balance exercises, weight training, walking on stairs and more.

"The therapists, nurses, aides and entire staff were very supportive and did so much to help me. There was a real sense that they wanted me to get back to my parish and to ministry as soon as possible," said Fr. Ned. "They really engendered confidence and enthusiasm."

Fr. Ned was discharged from Regina Health Center three months after being admitted, grateful for the help and support he received, and the inspiration he received from fellow residents. "Overall, I had a great experience. I felt spiritually, physically and emotionally well taken care of. It's a very positive atmosphere." ♦



Father Edward (Ned) Weist spent three months in short-term inpatient rehabilitation at RHC recovering from injuries sustained after falling 25 feet into a ravine. Here he is pictured with three of his caregivers from RHC at a Sunday Mass shortly after being discharged from RHC. The caregivers are (L to R) Motria Stachur, Kimberly Placak and Donna Hradisky.

A Loving Wish Fulfilled

BROSINAN-BARRETT ENDOWMENT ESTABLISHED TO FURTHER RHC'S CHARITABLE WORKS

Before Margaret Anne Brosnan passed away in late 2010, she had the foresight and philanthropic spirit to meet with her attorney and other advisors to establish her estate plan. Her plan included the distribution of gifts to various charities upon her death that would benefit beyond her lifetime.

Anne had been a dear friend to many at Regina Health Center (RHC), especially Sr. Catherine Browning, CSA. She designated RHC as one of the beneficiaries of her estate. Specifically, she requested that RHC establish an endowment called the Brosnan-Barrett Endowment to be used to further the unique Christian charitable works of the care of the aged, sick and infirm brothers, sisters, priests and others who receive care at RHC.

“Anne’s final request perfectly fit the primary mission of RHC. We were so fortunate to be included in her will and were grateful to accept her gift, which will make a lasting impact on RHC and the care we provide residents,” said RHC Development Director Maureen O’Neill-Laszlo.

The trustee of Anne’s estate, Patricia Mascolo, said that Anne knew what she wanted to support and took great strides to ensure that her final wishes were carried out with care. “She included a provision in her estate documents that the established endowment would be a reminder to others to pray for her father, Patrick J. Brosnan, mother, Mary Barrett Brosnan and Margaret Anne Barrett Brosnan,” said Patricia. ♦



Margaret Anne Brosnan designated RHC as a beneficiary in her will to establish the Brosnan-Barrett Endowment. Here she is pictured with Sr. Catherine Browning, CSA.

THANK YOU REGINA SOCIETY MEMBERS

Regina Health Center thanks the Regina Society members who have thoughtfully included an estate provision for RHC through either a bequest, charitable gift annuity or accumulated giving. They include:

ESTATE PROVISION

Anonymous (1)
Rita A. Burdick
Marie A. Christopher
Mr. and Mrs. Richard Connelly
Dr. and Mrs. Robert M. Eiben
Karen M. Frey
Joseph G. and Ruth H. Graskemper
Olga M. Horvath
Dorothy A. Motta
Maria J. Peklo
Pam Shuman
Edward J. Spirko
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Mrs. Cecilia A. Dzurec
Dr. and Mrs. William J. Fayan
Mr. and Mrs. Brian Flannery, NHA
Most Reverend Roger W. Gries, OSB
Mr. and Mrs. Philip J. Guban
Mr. and Mrs. John A. Haag
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Most Rev. Alexander J. Quinn
Mr. and Mrs. Paul G. Schloemer
Mrs. Barbara K. Sheffler
Dr. Elizabeth P. Macintyre
and Dr. Joseph A. Sopko
Mr. and Mrs. John F. Wilhelmy

The Importance of a Will

Margaret Anne Brosnan put careful thought into how and where she wanted her assets distributed after her death, including among others leaving a bequest to Regina Health Center (RHC). When she died, her wishes were fulfilled with the establishment of the Brosnan-Barrett Endowment to help RHC continue its charitable works.

Unfortunately, many people do not have a will. According to a number of planned giving studies, only 40 to 60 percent of individuals have a will. A recent study by Giving USA showed that, of those who have a will, only one in five estates claimed a deduction for a charitable bequest.

A will is an important document that directs who will receive accumulated assets and property after death. It can provide you with peace of mind knowing that your wishes will be carried through and knowing who will administer your estate. Without a will or other appropriate estate documents, the disposition of the estate is determined by state law. Some of the primary benefits of creating a well-constructed will include:

- ♦ Providing your spouse, family members and loved ones with financial security.
- ♦ Choosing who will administer your estate or who will serve as guardian of your children.
- ♦ Minimizing estate taxes and the costs associated with probate.
- ♦ Making a difference by continuing support to your favorite charities into the future.

Bequests to Regina Health Center play an integral part in providing education funds for nursing and other care-giving staff, building improvements, funds for RHC's beautiful gardens and engaging activities for the residents. And, in Anne Brosnan's case, to continue the mission of providing compassionate and holistic health care for the religious and other residents at RHC.

PLEASE NOTE: Information contained in this newsletter is offered for general information and is not to be interpreted as legal or professional advice. Please consult with your attorney or tax advisor for information specific to your situation.



photo: Neil Evans

CREATE A LEGACY OF CARING

Please consider a bequest to Regina Health Center (RHC), so you can be an integral part of shaping the future of this vital ministry. If you have considered including or have already included RHC in your estate plan, please call Maureen O'Neill-Laszlo in the development office at **330.659.5132**. It is important to have a conversation with any charity that will benefit from your philanthropy and to ensure that your gift provisions are suitable with the charity's mission. RHC can assist you in ensuring that your final wishes are carried out as desired, and we invite you to be included as a member of RHC's Regina Society.



Welcome to RHC's New Giving Societies

2011 DONORS

Your generosity in 2011 helped Regina Health Center (RHC) raise \$540,000 to support our mission of caring for the religious and laity in a God-centered home. RHC's donor recognition societies were created to thank our generous supporters for their thoughtful annual support and to encourage philanthropy at a level appropriate for each donor.

Since the inception of Regina Health Center's giving societies in 2011, many donors increased their giving to join. The list below represents individual donors who made gifts of \$100 or more and foundations and organizations that made gifts of \$300 or more. We cannot thank you enough.

LIFETIME BENEFACTORS

A special thanks to our most generous donors whose accumulated lifetime giving has exceeded \$25,000 for individuals and \$50,000 for foundations and organizations.

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Mr. and Mrs. John G. Breen
Sister Michele Collins, CSFN
Mr. and Mrs. George W. Daverio
Mrs. Patricia Droba
Mr. Mark A. Kadzielski
Mr. and Mrs. Charles J. Koch
Mrs. Dorothy Motta
Mr. and Mrs. Raymond M. Murphy
Mr. and Mrs. Sam Petros
Mr. and Mrs. Thomas Rego
Dr. and Mrs. I. M. Sonpal
Mrs. Barbara Soucek
Mr. and Mrs. Mark J. Yanke

FOUNDATIONS & ORGANIZATIONS

Arthur B. McBride Family Foundation
Catholic Charities Health & Human Services
Congregation of St. Joseph
Congregation of the Blessed Sacrament
Diocese of Youngstown - Chancery Building
Eva L. & Joseph M. Bruening Foundation
F. J. O'Neill Charitable Corporation

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National Religious Retirement Office
Oberlin Farms Dairy, Inc.
Poor Clare Sisters
Saint Ann Foundation
Sisters of Charity Foundation of Cleveland
Sisters of Charity of Cincinnati
Sisters of Charity of St. Augustine
Sisters of St. Dominic
Sisters of The Incarnate Word
SOAR!
Summa Health System
The M.G. O'Neil Foundation
The GAR Foundation
The Sisters of Notre Dame
W. O'Neil Foundation
William H. Kilcawley Charitable Fund

ANNUAL GIVING

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Mr. and Mrs. Raymond M. Murphy
Ms. Judith Rutkosky
Mr. and Mrs. Mark J. Yanke

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The Congregation of St. Joseph
The Lehner Family Foundation
The William J. & Dorothy K. O'Neill Foundation
Diocese of Parma
Monastery of Poor Clares
Sisters of Charity Foundation of Cleveland

CIRCLE OF ABIDING LOVE

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Knights of Columbus Council 13517
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PGA Tour, Inc.

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 Major and Mrs. Dominic J. Rinaldi
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 Mr. and Mrs. George C. Rodgers
 Ms. Jennifer Rowe
 Ms. Elaine J. Rozic
 Mr. and Mrs. John A. Rusnaczyk, Jr.
 Mr. Carlo Sarti
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 Mr. and Mrs. Timothy Scanlon
 Mrs. Kathleen R. Schack
 Mr. and Mrs. Harry P. Schmidt
 Mr. Terry Schreiner
 Ms. Marion E. Schuckert
 Mr. and Mrs. Earl Schumann
 Mr. Dino Sciulli
 Mr. and Mrs. Robert Scott
 Mr. Rick Semersky
 Mr. and Mrs. Thomas Shanks
 Mr. and Mrs. John Shimko
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 Mr. and Mrs. James W. Sikon
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 Mr. and Mrs. Jason R. Silver
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 Mrs. Lois Soss

Mr. and Mrs. William C. Spellacy
 Mr. Kenneth S. Spirko
 Mrs. Barbara Starkey
 Mr. and Reverend Daniel F. Stauffer
 Mr. and Mrs. Terry Stewart
 Ms. Heather A. Stoll and Mr. Tibor L. Regele
 Mr. Rick Szeles
 Dr. Alan A. Tambe, M.D.
 Mrs. Arthur Tatman
 Sister Marie A. Tessmer, SC
 Ms. Mercita Thailing
 Ms. Margie A. Tomlinson
 Ms. Rose M. Torma
 Mr. and Mrs. Joseph Trivisonno, Jr.
 Mr. Lawrence A. Turk
 Mrs. Marie A. Uhlik
 Mr. & Mrs. James Venner
 Mr. and Mrs. Ralph Verrecchia
 Mr. and Mrs. Joseph Wadowick
 Mr. and Mrs. Patrick J. Walsh
 Mr. Stephen Walters
 Mr. John A. Warner
 Mr. William Martin
 Mr. and Mrs. John J. Weiss
 Dr. and Mrs. Frank Westmeyer, M.D.
 Mrs. Bernice Wilson
 Mr. and Mrs. Ronald E. Wilson
 Mr. Lawrence M. Wolf
 Reverend Paul J. Wysocki
 Mr. and Mrs. Robert M. Yopko
 Ms. Kathleen T. Young
 Ms. Carolyn Zaverl
 Mr. & Mrs. Christopher Zielinski

FOUNDATIONS AND ORGANIZATIONS

Aerocon Photogrammetric Services, Inc.
 Ambuske Architects, Inc.
 First Catholic Slovak Ladies Assoc.
 Summit Regional Council, NCCW

Donors who made gifts to the 2011 Holy-In-One Golf Outing are listed at a level that represents the tax-deductible amount.

We regret if we have inadvertently excluded or misspelled any names. Please call RHC's fund development office at 330.659.5132 so that we can correct any errors. Thank you.

Join One of RHC's Donor Recognition Societies

Please consider making a gift to Regina Health Center's annual campaigns. Any amount will go a long way toward our goal of supporting the religious and laity who call RHC home, and you will enjoy the satisfaction and other benefits of giving.

ANNUAL GIVING

\$100 – Circle of Gentle Compassion

Benefits: Recognition in *The Heart* newsletter plus an invitation for two to Car Cruise donor reception

\$300 – Circle of Unfailing Hope

Benefits: All of the above plus an invitation to RHC's Christmas concert

\$500 – Circle of Deep Peace

Benefits: All of the above plus an invitation to the Circle of Abiding Love Mass and recognition reception

\$1,000 – Circle of Abiding Love

Benefits: All of the above; Photo with Bishop or Celebrant of the Eucharist and the CSA Congregational Leader; Beautiful ornament commemorating your generosity; Recognition as a Circle of Abiding Love member in marketing materials and event brochures

\$5,000 + Circle of Abundant Joy

Benefits: All of the above plus exclusive invitations to RHC events

Accumulated Giving – Circle of Living Faith

Benefits: Invitations to special events for accumulated giving of \$5,000 or more

REGINA SOCIETY

Recognizes all donors who make an estate provision to benefit RHC through a will bequest, beneficiary designation, charitable gift annuity, life insurance, retirement assets, trust arrangement or other types of deferred gifts. Also recognizes donors with accumulated cash gifts of \$10,000-\$24,499.

Benefits: Invitation and special recognition at the Circle of Abiding Love Recognition Mass and Reception; Beautiful ornament; Invitations to special RHC events; Recognition in marketing materials as a Regina Society member

LIFETIME BENEFACTOR

Recognizes individuals who make accumulated gifts of \$25,000 or more, and foundations and organizations that make accumulated gifts of \$50,000 or more.

Benefits: Invitation and special recognition at the Circle of Abiding Love Recognition Mass and Reception; Beautiful Lifetime Benefactor gift; Exclusive invitation to special RHC events; Recognition in marketing materials as a Lifetime Benefactor member

GRATEFUL HEARTS TRIBUTE SOCIETY

Recognizes individuals and honorees of tribute giving

Benefits: Any amount-recognized in the name of the honoree or one memorialized; Donor recognition as noted in the Giving Societies; Permanent tributes will be recognized for accumulated tribute gifts of \$5,000 or more

*All donors are included in the daily prayers of the religious and residents at RHC.

Please call the development office at 330.659.5132 for more details.

Charitable Gift Annuities Provide Income for Life

CHARITABLE GIFT ANNUITIES REMAIN A WIN-WIN FOR MANY

With CD rates and dividend income still low, a charitable gift annuity can be a nice alternative. Gift annuities still pay between 4.4 percent and 9 percent depending on your age. If you are 60 or older, you can establish a Regina Health Center Charitable Gift Annuity. Aside from receiving reliable fixed income payments for life, there are income tax and potential estate tax savings, and you will receive an attractive income tax deduction in the year of your gift. You can further your capital gains tax benefits by gifting securities. Most importantly, after your lifetime, the remainder of your annuity will provide funding for the important mission of caring for aging religious and laity at Regina Health Center. Many who establish charitable gift annuities comment that their annuity payments provide supplemental retirement income for travel expenses to visit family, medical expenses, and can even help pay for the cost of a nursing home stay.

For a complimentary and personalized gift annuity illustration showing income and tax benefits for you, please either complete and return the enclosed reply card or call Maureen O'Neill-Laszlo at 330.659.5132.

Sisters Cap Off Celebration 160 Years in the Making

By Sr. Miriam Erb, CSA

Celebrating 160 years of service to the Church, the Sisters of Charity of St. Augustine and associates gathered several times in 2011 for prayer, Liturgy, days of reflection, story-telling and missioning to their places of ministry to celebrate.

The anniversary celebration culminated at a Mass of Gratitude, with sisters and associates recalling God's many blessings over the past 160 years and expressing thanks for how they experienced God's love through the people with whom they co-minister and serve. A variety of symbols were carried into chapel in the entrance procession, symbolizing being a beacon of hope, perseverance, hospitality, outreach to the poor and marginalized, and future collaborative ministries. With hearts of joy, the sisters and associates felt hope for the unknown future and placed trust in God to lead them forward.



(Left) A Mass of Gratitude and special dinner were the culmination of a year-long celebration of the Sisters of Charity of St. Augustine's legacy of 160 years of service to the Church. (Left) Altar gifts at the Mass of Gratitude. (Right) Sr. Eileen Keating, CSA, enjoys the special dinner.

Following Liturgy, in a room decorated with tiny white lights, large snowflakes and blue pillar candles on the tables, the sisters and associates enjoyed a festive dinner that was served by John Bush, director of dining services for Regina Health Center (RHC), and his dining staff. John and his staff were thanked profusely for the delicious meal, beautiful presentation of food and gracious service. No restaurant could match the quality and caring done by RHC. ♦

Continued from page 1

When Carl's health began to decline and he was no longer able to participate in the usual daily activities, Leonard would visit his room to tell him that he was going on another shopping trip with the residents, and asked if he could pick up anything. "All Carl could do was look up and smile," said Leonard.

Carl's daughter, Terri McDermott, said she appreciates the care her father received at RHC and the friends he made while there. "I don't know what we would have done without the loving and compassionate care my father received at RHC," she added. "It gave us all so much peace of mind knowing that dad was receiving the best care at the best place." ♦



Carl Rowland proudly displays the "sweet" Christmas tree he created, which won second place in the woodworking category at the 2011 LeadingAge Ohio Resident Annual Art and Writing exhibit.

Continued from page 3

She also does a weekly reading at Mass, is active in RHC's garden club and represents residents on RHC's Committee on Mission and Values. Activities are just one part of what Sr. Mary Frances enjoys about being at RHC. "I've been in many nursing homes while working in pastoral ministry and this is far better than any I've been in," she said. "The staff, volunteers, activities and cleanliness are great."

For her work with the Lost Boys, Sr. Mary Frances has been recognized numerous times. The Lost Boys honored her at a dinner in 2010 and the Plain Dealer's Regina Brett has written about Sr. Mary Frances in her column and in her book, "Be the Miracle." There are still 26 of the Lost Boys in Cleveland. They have grown from single men to married men with families. They have pursued college degrees and careers. They call her "Malaik," which is Dinka for angel. With her help, the Lost Boys have at last found a home in the world. ♦



Holy-In-One Tees Off

THERE IS STILL TIME TO JOIN US ON JUNE 18 FOR REGINA HEALTH CENTER'S PREMIER FUNDRAISING EVENT OF THE YEAR!

Join us on **June 18th** at the 13th annual Holy-In-One golf outing for an afternoon of golf and camaraderie as friends, volunteers and members of the religious community gather in support of Regina Health Center at Westfield Group Country Club. Raffle tickets are still available for a chance to win a trip to Pebble Beach in California. For information about purchasing tickets and for sponsorship details, please call Erin Jerro at 330.659.5142. Or visit www.holyinone.com.



NEW RESPITE STAY SERVICE OFFERS TEMPORARY ASSISTED LIVING CARE

Building on its successful, deficiency-free assisted living services, Regina Health Center (RHC) now offers respite stay services for older adults who need a temporary place to stay when a caregiver is not available, or after surgery or illness. RHC's Respite Stay service offers quality care in a compassionate environment. Respite guests stay in a fully furnished assisted living unit with all the amenities and services full-time residents enjoy, including meals, personal care services (some at an additional charge), activities, and daily Mass for an affordable daily fee. Rehabilitation therapy is also available for those with physician approval and appropriate insurance coverage. RHC welcomed its first respite stay guest in December.

"Respite is the service family caregivers most often request, yet it is in short supply or can be unaffordable. RHC's Respite Stay service provides families with a new option for ensuring their loved one has a temporary place to stay with the comfort of knowing she or he are staying at a quality, caring place with the oversight of a professional health care staff," said Jean Metzger, assistant administrator.

In addition to having access to the amenities and services full-time assisted living residents enjoy, respite stay guests can enjoy the companionship of peers while caregivers can receive a temporary respite from providing care.

To learn more about RHC's assisted-living Respite Stay service, contact Sr. Margaret Taylor, SIW, director of admissions at 330.659.5143, or Jean Metzger at 330.659.4161.

RHC *upcoming events*

- May 3*** Holy-In-One Tee-off Party at RHC
- June 18** Holy-In-One Golf Outing at Westfield Group Country Club
- Aug 17** Car Cruise on the grounds at RHC (Aug. 24 rain date)
- Aug 23*** Circle of Abiding Love Mass & Reception at RHC
- Oct 2*** Regina Brett book signing at RHC
- Oct 17** Friends of Regina Health Center Luncheon and Fashion Show at Embassy Suites Hotel in Independence
- Dec 8*** Christmas concert with the Peace Together Choir at Regina Health Center

Members of Regina Health Center's respective Giving Societies will receive exclusive invitations for the following events that are starred (*). If you are interested in learning more about the benefits of joining RHC's Giving Societies, please call Maureen O'Neill-Laszlo in the development office at 330.659.5132.

FALL INTO FASHION SHOW TOPS BUSY YEAR FOR FRIENDS OF REGINA HEALTH CENTER

With nearly 300 people attending the annual Fall Into Fashion show last October, the Friends of Regina Health Center celebrated another successful year of praying for the mission of Regina Health Center (RHC), serving as ambassadors for RHC, sponsoring numerous resident events and hosting the annual fashion show. The fashion show raised \$10,250 in net proceeds in 2011, which are being used to remodel resident spaces to further their enjoyment and quality of life. Please mark your calendar for Wednesday, October 17, 2012, for the next lunch and fashion show event.

The Friends of Regina Health Center is a volunteer group committed to supporting the mission of RHC. For more information about how to join, please call Erin Jerro at 330.659.5142.



WATCH FOR AN UPDATED WEBSITE

Plans are in the works for a total redesign of the RHC website. The new website will give visitors easier access to department contacts, information about assisted living, nursing home and short-term rehab services, making gifts on-line, registering for the annual Holy-In-One Golf Outing and the Friends of Regina Health Center Luncheon and Fashion Show, and much more. The redesigned website is scheduled to launch later this year.

STARS ON BROADVIEW RECOGNIZES EMPLOYEES WHO SHINE

Regina Health Center (RHC) is proud to announce the implementation of a new recognition program, “RHC Stars on Broadview.” The program is an opportunity for residents, families and responsible parties to recognize any RHC employee that demonstrates the values of RHC, which include caring, compassion, respect, courage, justice and collaboration toward others with a positive attitude. The next time you are at RHC, please ask about the program. Here are just a few of the feedback comments already received:

[about Joanne Parrish] **“Cheerful, always so respectful of each resident”** ★

“Always having their favorite beverage ready, taking time to personally greet everyone.” [about Katrina Hanzel]

★ **“As a teacher for 50 years, I feel that I am qualified to make this judgment [that Noreen Joyce possess all of the core values.]”**

“I have been with Jackie and she is so caring. She also has the patience of Job.” [of Jackie Clancy]

[of Debbie Oogle] **“Debbie went out of her way to make my stay more comfortable. She was instrumental in making my stay more pleasant.”**

“Very willing to help everyone with any task that needs to be done.” [of Shelly Moody]

[of Dimitri Turnea] **“Dimitri is very outgoing and considerate. He offered assistance on several occasions and is eager to help.** ★

He seems to have a devotion to his work that is so much appreciated.” ★

Employees recognized will have their names posted on a gold star made by the residents and placed on “Stars on Broadview” posters located in resident areas. They will be eligible for a quarterly drawing for a gift. Congratulations to all of RHC “Stars” for their hard work and dedicated service to the residents.

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WISH *list*

Regina Health Center's residents, board of directors and staff extend deep gratitude to all who have generously contributed for items on the Wish List through our previous "The Heart" newsletters. Please help us continue to purchase items that will enhance our resident's lives and bring smiles to many faces!

RESIDENT NEEDS

<i>Television headphones</i> for resident so they can listen to TV without disturbing roommates (6 needed)	\$25 each
<i>iPod and docking station</i> to download spiritual music – to be used by Pastoral Care for resident programs	\$285
<i>iTunes gift cards</i> to purchase music for the Pastoral Care iPod	\$50
<i>Digital camera</i> for building operations to help expedite timely repairs for resident safety	\$200
<i>Walker Bags</i> – decorative bags for residents to hang over their walkers to carry items	\$25 each
<i>Maturing Spirituality Program – CD purchase</i> (2 series) This program is geared to assist caregivers, families and others who are dealing with death and dying and facilitated by RHC's Pastoral Care office	\$300 each

VOLUNTEERS NEEDED

Pianist – RHC's sole piano, a Steinway console, needs to be played. If you play piano, we are looking for you to volunteer your time on a regular basis to play for the residents. *Please call Chris Therens at 330.659.5154.*

PLEASE NOTE: *We will make every effort to apply your gift to the Wish List item of your choice. At times, we receive an over-abundance for a particular item from many donors or it is underfunded, in which event, your gift will be applied to the general fund to support the vital mission of RHC. Thank you for your thoughtfulness and generosity.*



REGINA HEALTH CENTER

A Ministry of the Sisters of Charity Health System

*Regina Health Center has chosen to print responsibly
on paper containing post-consumer recycled fiber.*