

The HEART of Regina Health Center



FALL 2011

Regina Health Center provides excellence in health care and supportive services that enrich your life or the life of an elderly loved one. We are recognized as a center that promotes wellness, holistic health care, education and research in an atmosphere that reflects the core values of spirituality and shared community life.

FILLING A NEED

Rita Burdick Makes a Difference with a Bequest

When Rita Burdick's mother had a major stroke at the age of 97 in 1996, she didn't know who to turn to for care. She and her mother had lived together for all of Rita's life, so she was extremely hesitant to leave her mother's care to someone else. Rita's priest helped her find Regina Health Center (RHC), where her mother lived until her death at the age of 101. Rita would visit her mother at RHC seven days a week for the four years she was there.

"I became very attached to RHC after being there so much and seeing the wonderful care they gave my mother. I felt they did everything they could to make her life as pleasant as possible," said Rita. "RHC has been very dear to me."

Rita is so fond of the organization, she recently made a bequest to RHC by having her attorney add a few sentences to her will. She said the process was simple and it was an easy decision. "As the government pulls back funds and the cost of goods keeps increasing, I wanted to help RHC sustain its current level of quality care. Donations are essential to doing so," added Rita.

In addition to the bequest, Rita remains very involved with RHC. She has been the president of the Friends of Regina Health Center for the past six years and works with other members to hold regular activity programs for residents. She periodically serves as a Eucharistic minister for Sunday Masses at RHC. She also spends part of Christmas day visiting with residents and works to raise money for resident parties and other quality-of-life activities.

Continued on page 4

WEATHERING THE BUDGET STORM



As officials in Washington, D.C., and Columbus battle over budget cuts to reduce government spending, the health care industry faces much uncertainty. We do know for certain that significant Medicaid and Medicare budget cuts already under way will impact our operations and our vision for the future.

The two-year state budget, passed in July, translates into a 7 percent cut in Medicaid payments to Regina Health Center—or a \$210,000 annual reduction in income. Medicare payments to nursing homes will be cut by 11.1 percent on average nationally beginning in November. For RHC, we expect this to mean an approximately \$85,000 reduction in income.

Our mission calls us to provide compassionate care to our residents in the winter of their lives. Our quality measures rival the best long-term care facilities in the county and we are already an efficient provider of services, so such steep cuts make it difficult to maintain the highest standards of care and quality of life. We are working now to assess what the exact impact will be, while carefully reviewing our budget for 2012 and seeking every possible way to control expenses.

Controlling expenses is only part of our plan. Our strategic planning committee is researching ways RHC can enhance its services to the community. To that end, we will be establishing a dedicated, self-contained short-term rehabilitation unit to provide quality,

therapeutic services in a consumer-friendly fashion. While we continue to determine how to accomplish this expansion of services, we are actively building awareness of our quality short-term rehabilitation services. If you have a friend or relative in need of short-term rehabilitation, please contact us. We offer outstanding care in this area that we will continue to strengthen over time.

Medicaid and Medicare cuts are not new. Each time they occur, it becomes increasingly difficult to maintain current levels of direct care because staffing accounts for the major portion of our expenses.

In light of these most recent budget cuts, your support is more important than ever to help us maintain our mission of providing excellence in health care and supportive services to serve the needs of our residents. May God bless you abundantly for the support that you provide to our mission.

.....
*Our mission calls us to provide
compassionate care to our residents
in the winter of their lives.*
.....

A handwritten signature in black ink that reads "Brian J. Flannery". The signature is written in a cursive, flowing style.

Brian J. Flannery, NHA, MBA
Executive Director

Staying Active

RESIDENT CARE SPOTLIGHT



Sister Mary Elizabeth Noel, OP, celebrates her 102nd birthday

Centenarians Celebrate Longevity

Around Regina Health Center, **Sister Mary Elizabeth Noel, OP**, is known as a social butterfly, usually positioning herself front and center at resident parties. On July 21, Sr. Mary Elizabeth really took front and center as she celebrated her 102nd birthday at a party thrown by her religious community, the Dominican Sisters of Peace.

Sr. Therese Rodriguez, SIW, is another centenarian who remains active. She turned 105 in January and keeps busy in prayer ministry and various activities offered at RHC. Sr. Therese was born in Mexico and moved with her family to Toledo when she was four. At the age of 20, she joined the Sisters of Incarnate Word and served as a cook, sacristan, seamstress and receptionist for churches in the Dioceses of Cleveland. She moved to RHC in 2002. She continues to crochet and embroider, with her artistic work having won awards in regional and statewide competitions through the LeadingAge Ohio association.

Sr. Therese said she really enjoys being at Regina Health Center and being able to stay active. “I’ve been at several places and this is the best place. Good care and good spirituality. I like the parties and social activities and there are friends to be with,” she added.



105-year-old Sister Therese Rodriguez, SIW

“We feel so blessed to have our loved one at such a caring nursing home like Regina Health Center.”

Marcia Waters, speaking on behalf of Irene’s family.

Resident **Irene Baron** celebrated her 100th birthday in March. She came to RHC in 2006 and remains active through social activities and resident parties. Her daughter, Marcia Waters, is a regular visitor to RHC and said her family is grateful for the care her mother receives. ♦

Continued from page 1

“If you’re asking yourself whether there is a good place for you or a parent, there is. By making donations now and through a bequest, we keep RHC a great place. There are so many places in the world that need help. RHC is unique in caring for those who have done so much for so many, including the priests, nuns and laity who call RHC their home,” added Rita.

With her bequest, RHC welcomed Rita into the Regina Society, which recognizes legacy donors who will provide support for RHC beyond their lifetime. ♦



Rita Burdick recently joined the Regina Society by making a bequest in her will to Regina Health Center.

The Power of Bequests—Giving from the Heart

Bequests are instrumental in enabling Regina Health Center (RHC) to provide essential training for resident caregivers, including nurses, nursing assistants, pastoral ministry, dietary staff and the many others who provide exceptional care for RHC residents. Bequests have also helped balance the budget with additional funds when the financial markets have yielded low returns. Throughout the past five years, bequests have accounted for approximately 17.6 percent on average of total fundraising donations to RHC, which is more than the 2010 national average of 16.9 percent (based on a study by the Giving USA Foundation). “Regina Health Center’s donors are extremely generous when it comes to including their favorite charities in their final legacy planning,” said RHC Development Director Maureen O’Neill-Laszlo.

Types of Bequests

A bequest is the most traditional planned gift to provide significant help for worthwhile causes. With a gift through your will or living trust, you can retain full use of your gift property during your lifetime. There are a variety of types of bequests, which include:

General Bequest—the most familiar type of bequest, the general bequest specifies that the charities of your choice will receive a designated sum. For

example, you might make a general bequest of \$25,000. You may prefer this arrangement because it is considered a primary charge against your estate, which means that your philanthropic intentions will almost certainly be fulfilled.

Percentage Bequest—an excellent alternative to the general bequest, it states that the charity will receive a certain predetermined percentage of your estate. By making a percentage bequest of 10 percent, for example, you ensure that inflation will not reduce the true value of the bequest you intended.

Specific Bequest—directs that one particular property be transferred to charity, such as a piece of real estate, stock from one company, a valuable art object or some other specific property. Please check with the charity first to ensure that your gift can be accepted.

Residuary Bequest—directs that the charity receives either everything remaining in your estate or a designated percentage of your estate after all necessary costs, all general bequests and all specific bequests are satisfied. It allows the flexibility of making several primary bequests while still giving you the assurance that the charity will be a secondary beneficiary of your estate.

Contingent Bequest—as the name implies, this bequest is contingent on some event. Usually, you might make a primary bequest for a spouse or relative, with the contingency that if that relative is not living at the time of your death, the bequest will pass to the charity.

Additional Ways to Create a Legacy of Caring

Our supporters often ask how they can support Regina Health Center in addition to our regular appeal mailings. There are several ways to make a deferred or planned gift—many that reap rewards for you now. RHC residents benefit from all types of philanthropy, whether a gift is made with outright cash or securities, or with a deferred gift, and you benefit by supporting an organization that means so much to you.

Savings Bonds

Although savings bonds have value, they may be subject to heavy federal income taxes, and state and federal estate taxes. By leaving savings bonds to charity through your will, they will be free of estate taxes.

Providing Assistance Outside Your Will

It is not difficult to add a charitable bequest to your will. A simple codicil, drafted by your attorney, will accomplish this. Listed below are other gift vehicles to consider without changing your will.

Life Insurance—you can name a charity as the beneficiary of your life insurance, you can transfer actual ownership of the policy to the charity or buy a new policy for its benefit. Your gift may entitle you to an income tax deduction.

Financial Accounts—most accounts at financial institutions can be made payable upon death to a person or a charitable organization.

Benefits from Retirement Plans—individuals who have IRAs, 401(k) plans or other retirement plans are often shocked to learn that as much as 60 percent of their accounts can be lost to state and federal estate taxes and income taxes at their deaths, leaving little remaining for heirs. If you make your favorite charity the beneficiary, 100 percent of all taxes would be avoided.

Living Trusts—many individuals have established living trusts or revocable living trusts. You can name a charity as one of the beneficiaries of your trust at death. If you wish, your gift to the charity can be deferred while lifetime income is paid to a family member. You can also provide for payments of trust income to the charity during your lifetime, providing you with a charitable deduction on your personal income tax return.

There are many ways you can support your favorite charities. For most philanthropic individuals, the greatest advantage is the personal satisfaction in assuring the future vitality of the charities that mean so much to them. Please call the development office at 330.659.5132 for more information about any of these gift options or for a free brochure. We are also happy to provide you or your attorney with sample language for any bequest. ♦

Celebrating 160 Years of Commitment and Accomplishments

This year, the Sisters of Charity of St. Augustine (CSA) celebrate our history of 160 years, our memories and our services. Each ministry and person carries on the spirit (charism) of the Sisters of Charity. Together, we celebrate the lives of the sisters and co-ministers who have gone before us.



The spirit of the Sisters of Charity and our 160 years of accomplishments is abundantly evident at Regina Health Center. The need to expand long-term health care services for the aging religious in Northeast Ohio was first identified in a study conducted by the Diocese

of Cleveland. The Sisters of Charity responded by converting our Mount Augustine Mother House, located on 230 acres in Richfield, into a facility dedicated to serving the aging religious. More than \$7.5 million was raised to renovate and convert the facility for this important new use. Regina Health Center (RHC) opened in 1993 as the first collaborative health care facility of its kind in the United States.

Today, RHC meets the long-term health care needs of members of several Northeastern Ohio religious congregations, clergy from the Dioceses of Cleveland and Youngstown, and lay persons seeking a faith-based community environment.

The most significant development in our health care ministries was the establishment of CSA Health and Human Services in 1982, a system created to strengthen each of the CSA-sponsored facilities.

Today, the system is known as the Sisters of Charity Health System and is nationally recognized for high quality care. It serves Cleveland and Canton, Ohio and Columbia, South Carolina through more than 20 organizations responding to community needs.

Underlying both the history and the service have been the physical hardships of the beginning, the material sacrifices of the growth and the spiritual struggles of the maturity of the Sisters of Charity. Yet, the call of God continues to find the response in the Sisters of Charity—who, out of the traditions of the past, find meaning for the present and hope for the future. (Adapted from the CSA Constitution)

We recognize your goodness as you touch the lives of each person and share our charism. Therefore, we ask God to bless all of us abundantly. As employees, co-ministers, volunteers, supporters—all of us continue our journey in love, knowing that God is always with us. ♦

COMMUNITY FRIENDS PITCH IN

Regina Health Center has always depended on a large pool of dedicated volunteers for help with numerous projects. This year, RHC also had the support of several groups of community friends who gave numerous hours brightening life at RHC. Below are a few highlights of the work our community friends have done:

Rev'd Up Retirees of Eaton Group—18 Eaton Corporation retirees come to RHC annually to help in several different ways, including working on gardens, performing outdoor cleanup projects, assisting residents around the building, helping in laundry services and housekeeping, and helping nurses with filing.

The Lubrizol Corporation—53 employees performed outdoor cleanup projects, including clearing an overgrown path leading to the outdoor Stations of the Cross, supplying and spreading mulch, supplying and planting flowers, and handing out cookies to residents. The group of 53 provided more than 400 combined hours of volunteer time.

Knights of Columbus from the Immaculate Heart of Mary in Cuyahoga Falls—several members regularly volunteer their time at RHC. Among the many projects they perform, they are responsible for bringing Christmas to life at RHC each year by placing and decorating more than 20 Christmas trees throughout the building. They also come back to take all the decorations down after Christmas.

Key Bank—22 Key Bank employees, working through United Way's Day of Volunteering, chose RHC for their volunteer activities. They worked hard cleaning the gardens and planting, and assisting RHC office staff. ♦

"We cannot thank these 'friends' enough for their hard work and contributions that help put smiles on the faces of residents and RHC staff. We are so grateful for this outpouring of support."

Marty Craig, RHC Volunteer Coordinator

A Thoughtful Income Alternative

As the interest rates paid on certificates of deposit have reached historic lows and some stock dividends have been slashed, many retirees are invading their savings accounts to maintain their standard of living. Charitable gift annuities are a great way to increase income while gaining immediate and future tax savings. A single life charitable gift annuity for an individual 60+ earns between 4.8 and 9.8 percent depending on age. Equally as important, by establishing a charitable gift annuity with Regina Health Center, you will ultimately be supporting an important mission of care and compassion for our elderly religious and laity.

Please call the development office at 330.659.5132 for more details.



Regina Health Center *Tribute Gifts*

GRATEFUL HEARTS

In 2010, Regina Health Center received more than 300 gifts in honor of or to memorialize husbands, wives, sisters, brothers, parents, children, religious, friends, caregivers and others to pay tribute to these significant individuals. Listed below are the names of those honored or memorialized followed by the names of the donors. Regina Health Center thanks the generous donors who make gifts to the Grateful Heart program. We congratulate those who have been honored, and extend our deepest sympathy to those who are suffering the loss of a loved one. Our prayers are with all who are listed here—living and deceased.

In memory of Roy and Carol Abbott

Ms. Bernice Beznoska

In memory of David Andrews,

Patricia Keenan and James Andrews, Sr.

Ms. Margaret A. Keenan

In memory of Father George Balum

Mr. James N. Martin

In memory of Carol Bandsuh

Mr. and Mrs. Donald Ferfolia

In memory of Andrew and

Theresa Baran and daughters

Mrs. Mary T. Goletz

In memory of Frank Basa

Mrs. Frank Basa

In memory of Edward J. Baugh

Ms. Patricia M. Aylward

Mr. George F. Bailey

Mr. and Mrs. James D. Bares

Mrs. Carol Baugh

Mr. and Mrs. Robert Benham

Ms. Alyson Caplan

Mr. and Mrs. James R. Caplan

Ms. Joan T. Carney

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Ms. Carol Graves

Mr. and Mrs. Robert G. Haverkate

Mr. and Mrs. Clark W. Johnson

Mr. and Mrs. William M. Malley

Mr. and Mrs. John S. McBride

In memory of Ralph L. and

Florence A. Bernard

Ms. Eileen Koby

In memory of Therese Bilek

and John and Rose Halter

Mr. Edward G. Bilek

In honor of Bernard and Bernice Bischof

Ms. LaVerne Bischof

In memory of Bittner and Schmidt Families

Mr. and Mrs. Harry P. Schmidt

In memory of Angeline and

Anthony Bontempo

Ms. Mary Jane Bontempo

In memory of Regina Bontempo

Mr. Louis Bontempo

In memory of Mary and William Brennan

Mr. and Mrs. Timothy H. Duncan

In memory of Nancy Brncick

Mr. and Mrs. Mark J. Yanke

In honor of Sr. Mary Bryan, CSA

Mr. and Mrs. Carl R. Bryan

In memory of Julie and Mike Buckley

Mr. and Mrs. Jim Buckley

In honor of Fern and Howard Buncher
and Paul Shumaker
Ms. Barbara Shumaker

In honor of Sr. Mary Thomas Byrne
Mr. and Mrs. John C. Logue

In memory of Sally Caja
Mr. Richard Caja

In memory of Ruth Canda
Mr. and Mrs. Michael B. Vislosky

In memory of The Honorable
Frank D. Celebrezze
Jay and Chris Moldovanyi

In memory of Milton Cepik
Mrs. Virginia Cepik

In memory of Wanda Chojnecki
Ms. Marilyn A. Friga

In memory of Elizabeth Csettey
Mrs. Ildiko Kubacki

In honor of Fr. Francis Curran
Mr. and Mrs. Thomas E. Wargo

In memory of Charles G. Cyrill, MD
Mrs. Jennifer Cyrill

In memory of May Day
Mr. and Mrs. Donald Baran

In memory of Daniel DeCesare
Mr. and Mrs. Roger S. DeCesare

In memory of the DeFranco
and Maneri families
Mr. and Mrs. William B. DeFranco

In memory of Mary V. Dempsey
Mr. and Mrs. James W. Dempsey
Mr. and Mrs. Thomas Dempsey

In memory of Gerald DePiero
Mr. and Mrs. Norman D. Berghaus

In memory of Sr. Helen Marie DesForges
Mr. and Mrs. James E. Gulick

In honor of the Di Donato Family
Miss Mary A. DiDonato

In memory of Emiddio DiFulvio
Mr. and Mrs. Angelo DeCaro
Mrs. Mary DiFulvio
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Mr. and Mrs. Michael C. Murphy
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Mr. and Mrs. Mark Spanulo
Neil Steinberg, M.D.
Robert J. DiBauda, D.D.S., Inc.

In memory of Jan Dittman,
Dave and Jim Andrews
Mr. Michael J. Dittman, Sr.

In memory of Joseph Dmitruk and
in honor of Cecilia Dmitruk
Ms. Barbara A. Bobula
Mr. and Mrs. Mitch Czech

In memory of Kenneth L. Dodds
Mrs. Bernice M. Dodds

In memory of Joseph Dudl
Ms. Mildred Dudl

In memory of Betty Dunlevy
Ms. Rita M. Dunlevy

In memory of Frank and Barbara Durkin
Mr. and Mrs. James M. Durkin

In honor of Madge Dzugan, Sr. Andrew
Parchem, CSA and Agnes Sandly
Ms. Graber and Mr. O'Patka

In memory of John P. Ellison
Mrs. John P. Ellison

In honor of Sr. Miriam Erb, CSA
Ms. Jeanne M. Burrige
Mr. Larry E. Faulhaber
Louise J. Keating, M.D.

In memory of Bob and Miriam Erb
Mr. and Mrs. David W. Melville

In honor of Sr. Cabrini Ferritto
and Sr. Joan Gallagher's Jubilees
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In memory of Geraldine Fischer
Ms. Mary Ann Fischer

In honor of Irma Flowers
Mrs. Eileen F. Vizcaino

In memory of Catherine Folk
Mr. and Mrs. George W. Daverio

In memory of the Forrestal Family
and Sr. Maura, CSA
Ms. Mary Pat Forrestal Boyce

In memory of Father Marino Frascati
Ms. Rose C. Morelli

In memory of Ivan and Janet Frey
Ms. Karen M. Frey

In memory of Coletta C. Fuerst
Mr. and Mrs. Gerald E. Fuerst

In honor of Eugenia Gallagher
Mr. and Mrs. John E. Gallagher
Mr. and Mrs. Richard Gallagher

In honor of Sr. Pat Gardner, CSA
Ms. Anne C. Collins

In memory of Sophie Garsig
Ms. Elaine Flaherty

In memory of Susan Gauntner
Mr. and Mrs. Daniel R. Potopsky, Sr.

In memory of Sr. Anita Marie Giampetro
Miss Dolores Giampetro

In honor of Sr. Xavier Gorman, CSA
Mr. and Mrs. Michael B. Ferris
Mr. and Mrs. James C. Monroe

In memory of Megan Mary Gray
Mr. and Mrs. William McNamara

In memory of Isabel Haddad
Mr. and Mrs. Jack Hennessey

In memory of Josephine and Isabel Haddad
Ms. Louise McGann
Ms. Maryanne McGann

In memory of John Halter
Mr. and Mrs. J. Austin Allan

In honor of Sr. Kathryn Harrison
Mr. David L. Kuhner

In honor of Rev. John J. Hayes' 50th Jubilee
Mr. and Mrs. Frank F. Winter

In memory of Joshua Herda
Mr. and Mrs. John T. Herda

In memory of Ofelia Hirschfeldt
Mr. Anthony Urdiales, Jr.

In memory of Julia Hoprich and
Sr. M. George Paytas
Ms. Rosemarie Schwartz

In memory of Angela Hronek
Ms. Kathleen A. Hronek

In memory of John Hughes
Mr. and Mrs. Philip J. Rigney

In memory of Margaret A. Jankura
Mr. and Mrs. Donald E. Jankura

In memory of John and Mary Jendrisak
Mr. and Mrs. Thomas C. Smith

In memory of Rev. William J. Johnson
Rev. Joseph A. Goebel
Mr. and Mrs. Edward P. McHenry
Mr. and Mrs. James L. Mulac

In memory of Ronald Kabelac
Ms. Kristen M. Fox Berki
Mr. and Mrs. Robert A. Martuch

In memory of Ann Kaforey
Mr. and Mrs. Dale E. Gessler

In memory of Alice and James Keane
Ms. Stephanie Keane

In memory of Stanley Kempf
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Mrs. Virginia Zala

In memory of Stanley Kempf and
in honor of Marian Schuckert
Mrs. Ethel Quinlan

In memory of Father John Kilcoyne
Mr. James M. McGuirk

In honor of Molly Kman
Sr. Loretta Rafter, HM

In memory of John and Christine Koral
Ms. Phyllis M. Koral

In memory of Casimir Kotowski
Mrs. Anne Kotowski

In honor of Srs. Flora Kovics and
Adelberta Rohaly
Mr. Ken J. Keipert

In honor of Diane Krejei
Mr. Donald F. Sulhan

In memory of Mary Ann Kuhn
Mr. William J. Kuhn

In memory of John Kurkul
Mrs. Lois M. Kurkul

In honor of Helen Kurpiel
Mr. and Mrs. James G. Lessman

In honor of Charles R. Laurie Sr.
Mrs. LaVerne Laurie

In honor of the Leciejewski family
Ms. Marilyn Leciejewski

In memory of Sr. Martha Leyden, OP
Mr. and Mrs. Norman H. Green

In memory of Sr. Mary Edna Lodge
Mr. and Mrs. James I. Miller

In honor of Sr. Laurentine Loftus, CSA
and Sr. Theresa Sullivan, CSJ
Ms. Karen A. Funtek

In memory of James Luli
Ms. Marjorie F. Dickinson

In memory of Walter and Ruth Lyons
Rev. John F. Lyons

In memory of Iola Maher
Mr. and Mrs. John R. D'Agati

In memory of Father Tim Mangan, SSS
Ms. Hannah M. Mangan



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North Shore Gastroenterology &
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In memory of John V. Marron
Mrs. Alice Marron

In honor of Mr. and Mrs. John S. Marshall
Mr. William A. Marshall

In memory of Julianne Martinek
Ms. Nancy Burke

In honor of Dr. Clayton C. Matowitz
Mrs. Agnes E. Matowitz

In memory of Anne Maurer
Mr. and Mrs. August Supan

In memory of Anne and Joseph Maurer
Mr. and Mrs. Joseph Maurer

In memory of Brigid McGinty Forrestal
and Sister Maura, CSA
Ms. Mary Pat Forrestal Boyce

In memory of John McLaughlin and Family
Ms. Margaret M. McLaughlin
and Ms. Patricia A. McLaughlin

In memory of Arthur Metzger
Ms. Jean E. Metzger

In memory of Robert Mickle
Mr. and Mrs. F. Cameron Ambler
Mr. and Mrs. Cleo W. Crutchfield
Mr. Frederick M. Fryberger
Mr. and Mrs. Shawn Mickle

In memory of Josephine Miklich
Mr. and Mrs. Thomas R. Miklich

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Mr. Michael J. Mileca

In honor of the Larry Morris family
Mrs. Jean Ann Ray

In memory of Antonino Motta
Mrs. Dorothy A. Motta

In memory of Thomas J. Mulcahy
Mrs. Rita A. Mulcahy

In honor of Charles and Evelyn Murman
Mrs. Agnes Z. Murman

In memory of Helen Murphy
Mr. and Mrs. Joseph Trivisonno, Jr.

In honor of Sr. Juletta Murray
Mr. Thomas R. Marco

In memory of Fr. Anthony Muzic
Anonymous (3)
Mr. and Mrs. Norman D. Berghaus
Mr. and Mrs. Alfred B. Cool
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Mr. and Mrs. Michael B. Ferris
Ms. Marjorie A. Galloway
Ms. Mary Kathryn Martin
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Mr. and Mrs. Michael P. Mueller
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Mr. and Mrs. Richard O'Reilly
Sr. Marie A. Tessmer, SC
Mr. and Mrs. Robert D. Walker

In memory of Father Muzic and Mary Patton
Mrs. Evelyn Hosta

In honor of Sr. Rita Louis Neader, CSA
Rev. James G. Maloney

In memory of Sr. Elaine Nimberger, CSA
Deacon and Mrs. Dennis P. Bryant

In memory of Joseph W. Nock
Mrs. Marcia M. Nock

In honor of Rev. William P. O'Neill's 49th
 anniversary of his ordination
Ms. Jacquelyn A. Brown

In memory of Ruth Marie Phillipp
Mr. and Mrs. Thomas Cecconi
Nursing Administration, Mercy Medical Center
Mercy Medical Center

In memory of Sr. Mary Lois Phillipp, CSA
Mr. and Mrs. Michael L. Dragomier

In memory of Marie C. Phillips
Mr. Martin A. Phillips, Jr.

In memory of Sr. Lois Platten
Dr. and Mrs. David L. McNamee

In honor of Sr. Mary Coletta Polk
Mrs. Virginia Cepik
Mrs. Simone G. Cimino
Ms. Patricia A. Kuczmariski

In memory of Marie T. Pratt
Mr. and Mrs. Thomas N. Bade

In memory of Joey Quirarte
Mr. and Mrs. Joseph D. Quirarte

In honor of Sr. Fancesca Rauckhorst
Mr. and Mrs. John E. Bullock

In memory of Margaret and
 William Rawlins and Jack Donovan
Mrs. Mary Jean Donovan

In memory of Jack and Tim Rawlins
Mrs. Angela M. Rawlins

In memory of Sr. M. Raymond
Col. and Mrs. John F. Wilhelmy, Jr.

In memory of Ann Reali
Mr. and Mrs. Patrick G. Garry

In memory of Sr. Francesca Reardon
Ms. Maureen R. Murman

In honor of Sr. Francesca Reardon
 and Bill Schack
Mrs. Kathleen R. Schack

In memory of Mary Ricco
Mr. and Mrs. Michael B. Vislosky

In honor of Father Frederick Roberge, SSS
Mr. and Mrs. Melvin L. Williams

In memory of Rozic and Yerick Families
Ms. Elaine J. Rozic

In honor of Clem J. Rucinski
Mrs. Katherine Rucinski

In memory of Edward Rygalski
Mr. and Mrs. Patrick J. Walsh

In memory of Angela Sable
Mr. and Mrs. Daniel Merkel

In memory of Agnes Sandy
Mrs. Ida Cmolik
Ms. Mary Jean Cooley
Ms. Graber and Mr. O'Patka
Mr. and Mrs. John P. Phillips
Mr. Robert W. Myers and Ms. Elizabeth Reville
Mr. and Mrs. Frank Sabo
Mr. Timothy E. Tolar
Ms. Suzanne Vadnal



In memory of Margaret R. Schaefer
Mr. James C. Schaefer

In memory of Sr. Carla Schnellinger, CSA
Ms. Jeanne M. Burrige

In memory of Jack Schriener
Ms. Jean E. Schriener

In memory of Helen Sforza Dase
Dr. and Mrs. Frank Westmeyer

In honor of John and Mary Simonetti
Mr. and Mrs. Thomas E. Banyas

In memory of Leonard "Pete" Skoczen
Anonymous
Mr. and Mrs. Roger D. Cartwright
Mr. and Mrs. David J. Cecere
Mr. and Mrs. Richard J. DeCapite
Mr. Cliff Hammeren
Mr. and Mrs. David M. Howard
Mr. Mark W. Kadlec
Ms. Carolyn E. Lantz
Mr. and Mrs. Daniel R. Potopsky, Sr.
Ms. Marion E. Schuckert
Mr. and Mrs. Stanley Skoczen, Sr. and family
Mr. and Mrs. Frank Spinelli, Jr.
Mr. and Mrs. Adrian C. Wilmot

In memory of Joseph Sopko
Mr. and Mrs. John F. Forbes

In honor of Alberta and Joe Sopko
Dr. Elizabeth P. Macintyre

In memory of Andrew Spellman and
 in honor of Betty Spellman
Mr. and Mrs. Edward R. Carson

In memory of Sr. Jane Therese Stapp, CSJ
 and her family
Mrs. Ruth E. Hopkins

In memory of Strancar & Mrak
 family members that have passed away
Mr. and Mrs. Marijan Strancar



In honor of Catherine Szaransky

Ms. Barbara Skory

In memory of deceased members of
the Schembri & Turk families

Ms. Lucy M. Schembri

In honor of Sr. Dorothy Turk, CSJ

Mr. and Mrs. Lawrence A. Turk

In honor of Sr. Suzanne Turk, CSJ

Mr. and Mrs. Lawrence A. Turk

In memory of Stephen Uhlik

Mrs. Marie A. Uhlik

In memory of Julie Vieland

Mr. and Mrs. James Vieland, Sr.

In memory of Sr. Setitia Walk

Mr. and Mrs. John C. Logue

In honor of Sr. Marian Warta, CSA

Rev. James G. Maloney

In memory of Stefania Wasyluk

Motria M. Stachur

In memory of June Webb

Mr. Philip Ponicsan

In memory of Kenneth Weiss

Mr. and Mrs. Michael B. Vislosky

In memory of Mr. Joseph Werstak, Sr.

Mr. and Mrs. Don W. Angle

Mr. and Mrs. Reinhold Federmann

Mrs. Frances Werstak

Mr. and Mrs. Kenneth Werstak

In honor of Fr. Willard Wiesler

Ms. Carrol L. Wilhelm

In memory of Marion and Chuck Williams

Mr. and Mrs. Michael J. Cleary

In honor of Sr. Mary Jacob Yelcho, CSA

Mrs. Eleanor Foiles

Mr. and Mrs. Jack S. Graybill

In honor of Sr. Rosemary Yonkers, OP

Mr. and Mrs. William Mills

In memory of Mildred Zielaskiewicz

Ms. Colleen Longville

Mr. and Mrs. Vincent A. Sinko

Mr. Paul J. Soska, Jr.

In memory of Mildred & Jeny Zielaskiewicz

Mr. and Mrs. Stephen G. Hizak, Jr.

In honor of Sr. M. Inez,

Mr. and Mrs. Francis G. Boehnlein

In honor of the Sisters of Charity

of St. Augustine

Ms. Rita L. Brumbaugh

In honor of 2010 Jubilarians

Rev. Thomas C. Gilles

In honor of the 2010 CSA Jubilarians

Mr. and Mrs. Fausto G. Hidalgo

In honor of Sr. Celine

Dr. Margaret Raub Hunt

In honor of Sr. M. Corrine

Mr. and Mrs. Joseph M. Kelling

In memory of deceased Srs. of St. Joseph

Sr. Mary Ann Lavelle, CSJ

In memory of Sr. Agnes Therese, CSJ

Mary Joyce Lunn, Ph.D.

In memory of Sr. Damian, CSA

Rev. James G. Maloney

In memory of Sr. Mary Veronica

Ms. Georgette Mangan

In memory of Ann

Mrs. Eleanore Missal

In memory of deceased CSA Sisters

Mrs. Jean Ann Ray

In memory of your parents

Mr. and Mrs. Wayne D. Schmidt

In memory of Srs. of St. Joseph,

who were Regina Residents

Sr. Marietta Starrie, CSJ

In honor of Petie

Mr. Ben Stehura

In honor of the Sisters

Mr. and Mrs. Thomas A. Tracy

In memory of Sr. Henrietta, CSA

Mr. John J. Weiss

Mrs. Joseph H. Weiss, Sr.

In honor of all religious women

and their years of service

St. Joseph School

*We regret if we have inadvertently
excluded or misspelled any names.*

*Please call RHC's fund development
office at 330.659.5132 so that we can
correct any errors. Thank you.*



Short-Term Rehab *Restores* Quality of Life

For older adults recovering from illness, injury or surgery, Regina Health Center (RHC) can help restore prior quality of life so patients can get home quickly and back to their daily lives. The RHC Rehabilitation Center features an interdisciplinary team of health-care professionals, effective rehabilitation equipment and private rooms for short-term inpatient rehabilitation. The center offers physical therapy, occupational therapy and speech/language therapy for both short-term inpatient rehabilitation and geriatric outpatient rehabilitation services.



In addition to exercise bikes, treadmills, weight machines and other rehabilitation equipment, the RHC Rehabilitation Center has areas for bathroom and kitchen rehabilitation.

Through years of experience providing comprehensive therapy to older adults, the center has proven, detailed care plans and protocols in place for many specialized treatments, including orthopedic, cardiac and pulmonary patients.

“Our care is restorative care. We work with the patient and their family to develop and monitor an individualized plan of care that takes a holistic approach, caring for each patient’s needs in mind, body and spirit,” said Melanie Boge, marketing and sales representative, RHC Rehabilitation Center.

.....
Our team is highly trained and devoted to healing and helping older adults return to previous levels of functioning as soon as possible. We have a very low 5 percent re-admittance rate to the hospital, which compares to as high as 30 percent elsewhere. — *Melanie Boge*
.....

Patients at the rehabilitation center have access to all the amenities offered at Regina Health Center, including daily Mass, resident activities, hair salon, library, ice cream parlor and RHC’s serene environment with manicured grounds and outdoor gardens. Registered nurses are on duty around the clock, and psychiatric and psychological services are available.

Plans are in the works to continue to further strengthen the care offered by creating a dedicated, self-contained RHC short-term rehabilitation center. The vision for the expansion is to create more private rooms and a dedicated dining room for these patients. ♦

Year-End Planning: Charitable IRA Extended to End of 2011

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Good news regarding the Charitable IRA—it has been extended until December 31, 2011. The Charitable IRA allows donors aged 70½ to transfer Individual Retirement Account assets, up to \$100,000 per account holder, to a qualified charity (which includes Regina Health Center). Funds must be directly transferred to the charity to avoid income tax on gifted funds. It’s also a way to preserve other tax-friendlier assets for your heirs.

Donors who take advantage of the IRA direct transfer opportunity will be recognized under Regina Health Center’s Donor Recognition Program. Transfers of \$1,000-\$4,999 qualify for membership in the Circle of Abiding Love, and gifts of \$5,000 or more qualify for membership in the Circle of Abundant Joy for 2011. Please consider using this tax-saving opportunity to make your charitable gifts before December 31. *Please call Maureen O’Neill-Laszlo in the development office at 330.659.5132 for more information. You can also call your IRA custodian to obtain the appropriate forms.*



HOLY-IN-ONE TOPS THE LEADERBOARD

The annual Holy-In-One golf outing on June 20 was the most successful event in its 12-year history, raising \$165,560 (gross revenue) for resident care. More than 220 golfers enjoyed a day of golf, food, prizes and more. Nearly 50 volunteers generously donated their time to pull off another successful event. Special thanks to the many RHC residents who pitched in to help out at the course and to all the generous participants, volunteers and sponsors who made it all possible. A special thanks to our Holy-In-One Committee Co-Chairs, Bishop Roger W. Gries, OSB, and Jerry Boldt, and the committee members for their hard work and planning. During the evening program, generous participants donated \$11,960 to purchase a new Parker Bath reclining bathing system to make bathing safer and easier for residents and caregivers.



Top to bottom: The team from Donley's was the winner on the South Course, which included golfers from four Holy-In-One sponsors. (L to R) Dell Judd (Oswald Companies), Frank Middelberg (Dawson Companies), Tom Feola (Thornhill Financial), Terry Lewis (Donley's).

The team from Select Investment Group came in first place on the North Course. They include (L to R) Michael Gabrail, Darnell Sanders, Paul Gabrail and Andrew Strigle.

AN EVENING OF MUSIC AND GRATITUDE

RHC teamed up with Mercy Medical Center and St. Vincent Charity Medical Center to provide an elegant evening at Blossom Music Center in Cuyahoga Falls, Ohio. Sixty-five donors, plus leadership and development staff from the three ministries, attended the event, which included dinner and a concert by the Cleveland Orchestra. Sr. Judith Ann Karam, CSA, president and CEO of Sisters of Charity Health System, and other ministry leaders thanked the donors for their exceptional generosity throughout the years.

CIRCLE OF ABIDING LOVE MEMBERS ENJOY SPECIAL RECEPTION

Members of the Circle of Abiding Love enjoyed a special donor Mass and recognition reception on September 7 at Regina Health Center. More than 60 members attended an evening Mass celebrated by Bishop Roger Gries, OSB, where a number of individuals were recognized for their generous contributions to RHC. After Mass, attendees enjoyed a spread of delectable food and desserts prepared by the RHC dietary staff in the newly renovated assembly room, while George Diehl entertained on piano. *To learn how you can join the Circle of Abiding Love, please call Maureen O'Neill-Laszlo at 330.659.5132.*

ANNUAL CHRISTMAS APPEAL

Please look for Regina Health Center's Christmas Appeal in your mail soon. The Christmas Appeal is one of our most important fund-raisers of the year. Money received from the appeal helps RHC bridge the gap between the cost of health care and resident Medicaid reimbursements. As the letter from our executive director mentioned, weathering the budget storm has just become tougher. Please consider Regina Health Center when planning your year-end philanthropy, and know that your gift is supporting those who are deserving of your gratitude.



Left to right: Bob Brown and his 1933 Pierce Arrow received a third-place People's Choice Award; Sister Ritamae Preto, SND, and Sister Mary Elizabeth Noel, OP, enjoy each other's company; Resident Jean Simeone clowns around at the Car Cruise.

RHC WELCOMES CLASSIC CARS

Eighty-four classic cars transformed RHC's front lawn into an auto museum on August 17 for the ninth annual Car Cruise. Residents lined up chairs along the RHC driveway to watch the classic cars drive by. Attendees, including residents, RHC donors and guests, voted on their favorite cars, with prizes awarded to the People's Choice first-, second- and third-place winners. Residents enjoyed a barbecue, while other guests were able to purchase hot dogs, homemade ice cream, roasted corn-on-the-cob and more. Donors were also treated to a complimentary barbecue and a comfortable area to sit and mingle in appreciation of their support. Thanks to everyone who attended and added to the fun, and thanks to our dedicated RHC volunteers and staff who helped make the evening a success. Proceeds from the Car Cruise raffle went to the resident activities fund to ensure ongoing and engaging projects for RHC residents.



SR. MARY PATRICIA BARRETT HONORED BY CATHOLIC HEALTH ASSOCIATION

Sisters of Charity Health System's founding president, Sr. Mary Patricia Barrett, CSA, received the Lifetime Achievement Award from the Catholic Health Association (CHA) at a ceremony in Atlanta over the summer. The award is conferred each year upon "an acknowledged leader of health ministry who has inspired and mentored numerous others. A recipient's leadership extends past the Catholic health ministry to influence and impact the local community and beyond." In 1982, Sr. Mary Patricia led the planning process that led to the formation of the health system. She then served as its first president for seven years. She most recently served full time as a special assistant to Sr. Judith Ann Karam, CSA, president and chief executive of the health system, before retiring in March. Sr. Mary Patricia now resides at Mount Augustine/Regina Health Center in Richfield, Ohio.

Sr. Mary Patricia Barrett, CSA, receives the Lifetime Achievement Award at the 2011 Catholic Health Assembly.

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WISH *list*

Regina Health Center's residents, board of directors and staff extend deep gratitude to all who have generously contributed for items on the Wish List through our previous "The Heart" newsletters. Please help us continue to purchase items that will enhance our resident's lives and bring smiles to many faces!

RESIDENT NEEDS

Camera for resident events and safety purposes	\$200
Nail manicure table—residents love to have their nails done, which also lifts their spirits. The current table set-up is awkward and uncomfortable.	\$450
Resident subscriptions for missalettes (several subscriptions needed)	\$60 each

VOLUNTEERS NEEDED

Pianist—RHC's sole piano, a Steinway console, needs to be played. If you play piano, we are looking for someone to volunteer their time on a regular basis to play for the residents. *Please call Chris Therens at 330.659.5154.*

PLEASE NOTE: *We will make every effort to apply your gift to the Wish List item of your choice. At times, we receive an over-abundance for a particular item from many donors or it is underfunded, in which event, your gift will be applied to the general fund to support the vital mission of RHC. Thank you for your thoughtfulness and generosity.*



REGINA HEALTH CENTER

A Ministry of the Sisters of Charity Health System

Regina Health Center has chosen to print responsibly on paper containing post-consumer recycled fiber.